

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

OFFICE OF THE DEAN CUM PRINCIPAL

Schedule for Super Speciality (DM/M.Ch.) Residents

Days	8:30 AM-9:30 AM	9:30 AM-1:30 PM	1:30 PM-2:30 PM	2:30 PM-4:30 PM
Monday	PG teaching/ Discussion and review	Ward/ OPD/ OT/ Involvement in undergraduate teaching	Lunch	Ward/ OPD/ OT/ Involvement in undergraduate teaching
Tuesday	PG teaching/ Discussion and review			
Wednesday	PG teaching/ Discussion and review			
Thursday	PG teaching/ Discussion and review			
Friday	PG teaching/ Discussion and review			
Saturday	CME/CGR/CDR			

***Following duties are as per the departmental schedule**

- The department shall carry out the PG teaching as per the NMC Guidelines and as specified in the respective board of studies - Journal Club, Microteaching, Case presentations, Seminars etc.
- Interdepartmental and intradepartmental postings/Clinical rotations
- Undergraduate Lectures
- Health camps, Field Visits, community Postings
- Emergency departmental Duties (24 hrs duty), Emergency postings as per the schedule of the Post graduates posted in the Emergency prepared by the Dean/ MS.

**Vice Principal
(PG Medical Programmes)
HIMS, SRHU
Jolly Grant, Dehradun-248016**



Vice Principal (PG Medical Programmes)



Dean-cum-Principal



Date	Day	On Call SR	On call PG
01 – September – 25	Monday	Dr. Arpit Gupta	Dr. Chhaya Bora
02 – September – 25	Tuesday	Dr. Nikhil Shankar	Dr. Mayank Nautiyal (Night)
03 – September – 25	Wednesday	Dr. Kavuri Lohith	Dr. Shreya Sagar
04 – September – 25	Thursday	Dr. Arpit Gupta	Dr. Chhaya Bora
05 – September – 25	Friday	Dr. Nikhil Shankar	Dr. Mayank Nautiyal (Night)
06 – September – 25	Saturday	Dr. Kavuri Lohith	Dr. Shreya Sagar
07 – September – 25	Sunday	Dr. Arpit Gupta	Dr. Chhaya Bora
08 – September – 25	Monday	Dr. Nikhil Shankar	Dr. Mayank Nautiyal (Night)
09 – September – 25	Tuesday	Dr. Kavuri Lohith	Dr. Shreya Sagar
10 – September – 25	Wednesday	Dr. Arpit Gupta	Dr. Chhaya Bora
11 – September – 25	Thursday	Dr. Nikhil Shankar	Dr. Mayank Nautiyal (Night)
12 – September – 25	Friday	Dr. Kavuri Lohith	Dr. Shreya Sagar
13 – September – 25	Saturday	Dr. Arpit Gupta	Dr. Chhaya Bora
14 – September – 25	Sunday	Dr. Nikhil Shankar	Dr. Mayank Nautiyal (Night)
15 – September – 25	Monday	Dr. Kavuri Lohith	Dr. Shreya Sagar
16 – September – 25	Tuesday	Dr. Arpit Gupta	Dr. Chhaya Bora
17 – September – 25	Wednesday	Dr. Nikhil Shankar	Dr. Mayank Nautiyal (Night)
18 – September – 25	Thursday	Dr. Kavuri Lohith	Dr. Shreya Sagar
19 – September – 25	Friday	Dr. Arpit Gupta	Dr. Chhaya Bora
20 – September – 25	Saturday	Dr. Nikhil Shankar	Dr. Mayank Nautiyal (Night)
21 – September – 25	Sunday	Dr. Kavuri Lohith	Dr. Shreya Sagar
22 – September – 25	Monday	Dr. Arpit Gupta	Dr. Chhaya Bora
23 – September – 25	Tuesday	Dr. Nikhil Shankar	Dr. Mayank Nautiyal (Night)
24 – September – 25	Wednesday	Dr. Kavuri Lohith	Dr. Shreya Sagar
25 – September – 25	Thursday	Dr. Arpit Gupta	Dr. Chhaya Bora
26 – September – 25	Friday	Dr. Nikhil Shankar	Dr. Mayank Nautiyal (Night)
27 – September – 25	Saturday	Dr. Kavuri Lohith	Dr. Shreya Sagar
28 – September – 25	Sunday	Dr. Arpit Gupta	Dr. Chhaya Bora
29 – September – 25	Monday	Dr. Nikhil Shankar	Dr. Mayank Nautiyal (Night)
30 – September – 25	Tuesday	Dr. Kavuri Lohith	Dr. Shreya Sagar

Consultant, Weekly Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 st on call	Dr. Anurag Rawat	Dr. Kunal Gururani	Dr. Chandra Mohan	Dr. Kunal Gururani	Dr. Anurag Rawat	Dr. Chandra Mohan

Alternate Sunday duty

Dr. Chandra Mohan	Dr. Kunal Gururani	Dr. Anurag Rawat	Dr. Chandra Mohan
07- September – 25	14- September – 25	21- September – 25	28- September – 25

Block Posting (8:30am to 4:30pm)

OPD	CCU	Ward/ECHO
Dr. Nikhil Shankar	Dr. Kavuri Lohith	Dr. Arpit Gupta

All Junior residents shall avail 'weekly off' on Sunday/Gazetted holiday, for those who are on stay duty on Sunday/GH (24 hours) shall take 'Weekly off' on next day.

Dr. Anurag Rawat	Mob: 9458958267	Dr. Nikhil Shankar	Mob: 7738148153
Dr. Kunal Gururani	Mob: 8903448421	Dr. Kavuri Lohith	Mob: 9705118977
Dr. Chandra Mohan	Mob: 9061593507	Dr. Arpit Gupta	Mob: 9890787113

Dr. Anurag Rawat
Regn.No. UKMC-7553

Professor & Head
Department of Cardiology
Himalayan Institute of Medical Sciences
SRHIL Swami Ram Nagar (Jolly Grant)

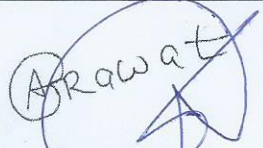
Dr. Anurag Rawat
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HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

Department of Cardiology

DM CARDIOLOGY TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF SEPTEMBER 2025

Date	Day	Teaching Activity	Presenter	Moderator
01/09/25	Monday			
02/09/25	Tuesday	Clinical Seminar	Dr. Kavuri Lohith	Dr. Kunal Gururani
03/09/25	Wednesday	Group Discussion		
04/09/25	Thursday	Case Presentation	Dr. Arpit Gupta	Dr. Anurag Rawat
05/09/25	Friday	Clinico-radiological meet		
06/09/25	Saturday	CME	All Residents	All Faculty
07/09/25	Sunday	Week Off		
08/09/25	Monday			
09/09/25	Tuesday	Journal Club	Dr. Nikhil Malunekar	Dr. Chandra Mohan
10/09/25	Wednesday	Group Discussion		
11/09/25	Thursday	Case Presentation	Dr. Kavuri Lohith	Dr. Anurag Rawat
12/09/25	Friday			
13/09/25	Saturday	CME	All Residents	All Faculty
14/09/25	Sunday	Week Off		
15/09/25	Monday			
16/09/25	Tuesday	Clinical Seminar	Dr. Arpit Gupta	Dr. Kunal Gururani
17/09/25	Wednesday	Group Discussion		
18/09/25	Thursday	Case Presentation	Dr. Nikhil Malunekar	Dr. Anurag Rawat
19/09/25	Friday	Clinico-radiological meet		
20/09/25	Saturday	CME	All Residents	All Faculty
21/09/25	Sunday	Week Off		
22/09/25	Monday			
23/09/25	Tuesday	Journal Club	Dr. Kavuri Lohith	Dr. Chandra Mohan
24/09/25	Wednesday	Group Discussion		
25/09/25	Thursday	Case Presentation	Dr. Arpit Gupta	Dr. Anurag Rawat
26/09/25	Friday	Faculty Lecture		
27/09/25	Saturday	CME+Clinical / Mortality Audit (03:00 PM To 04:00 PM)	All Residents	All Faculty
28/09/25	Sunday	Week Off		
29/09/25	Monday			
30/09/25	Tuesday	Clinical Seminar	Dr. Nikhil Malunekar	Dr. Kunal Gururani


Dr. Anurag Rawat
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