

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

OFFICE OF THE DEAN CUM PRINCIPAL

Schedule for Super Speciality (DM/M.Ch.) Residents

Days	8:30 AM-9:30 AM	9:30 AM-1:30 PM	1:30 PM-2:30 PM	2:30 PM-4:30 PM
Monday	PG teaching/ Discussion and review	Ward/ OPD/ OT/ Involvement in undergraduate teaching	Lunch	Ward/ OPD/ OT/ Involvement in undergraduate teaching
Tuesday	PG teaching/ Discussion and review			
Wednesday	PG teaching/ Discussion and review			
Thursday	PG teaching/ Discussion and review			
Friday	PG teaching/ Discussion and review			
Saturday	CME/CGR/CDR			

***Following duties are as per the departmental schedule**

- The department shall carry out the PG teaching as per the NMC Guidelines and as specified in the respective board of studies - Journal Club, Microteaching, Case presentations, Seminars etc.
- Interdepartmental and intradepartmental postings/Clinical rotations
- Undergraduate Lectures
- Health camps, Field Visits, community Postings
- Emergency departmental Duties (24 hrs duty), Emergency postings as per the schedule of the Post graduates posted in the Emergency prepared by the Dean/ MS.

**Vice Principal
(PG Medical Programmes)
HIMS, SRHU
Jolly Grant, Dehradun-248016**



Vice Principal (PG Medical Programmes)



Dean-cum-Principal



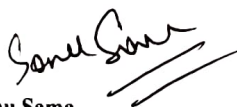
DEPARTMENT OF CRITICAL CARE MEDICINE**HIMS, SRHU, DEHRADUN****Teaching Schedule for the month of JULY, 2025**

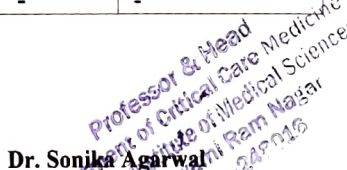
Venue: ICU Class Room
Date: 30-06-2025

Time: 8:30 am —9:30 am

<u>Date</u>	<u>Day</u>	<u>Topic</u>	<u>Presenter</u>	<u>Moderator</u>
1-Jul-2025	Tue	Introduction to Department		All faculty
2-Jul-2025	Wed	Basics of ECG	Dr. Shreya	Dr. Nand Kishore
3-Jul-2025	Thu	Radiological - CCM Meet	Dr. Harsh	Dr Sonu Sama
4-Jul-2025	Fri	Approach to a patient with hypotension and hemodynamic instability	Dr. Paresha	Dr. Sonika
5-Jul-2025	Sat	CGR		
6-Jul-2025	Sun	SUNDAY		
7-Jul-2025	Mon	Cardiac cycle determinents of cardiac output and frank starling mechanism	Dr. Sukriti	Dr. Nand Kishore
8-Jul-2025	Tue	Evaluation and management of Hyperstension in ICU	Dr.Shreya	Dr. Nand kishore
9-Jul-2025	Wed	Bedside evaluation of LV systolic and diastolic function	Dr. Amrit	Dr. Sonika
10-Jul-2025	Thu	Supraventricular Tachycardia (Recognition and management)	Dr. Aishwarya	Dr. Veena
11-Jul-2025	Fri	Ventricular Tachycardia (Diagnosis and Mangement)	Dr. Rishab	Dr. Sourabh
12-Jul-2025	Sat	CGR		
13-Jul-2025	Sun	SUNDAY		
14-Jul-2025	Mon	Diagnosis and Management of Heart Failure	Dr. Vinayak	DR. Amit Lall
15-Jul-2025	Tue	Eye signs of systemic diseases	Dr. Ragini	Dr.Sonu Sama
16-Jul-2025	Wed	ESC update on atrial fibrillation (Journal Club)	Dr. Karan	Dr. Sourabh
17-Jul-2025	Thu	ST segement elevation MI (Diagnosis and Management)	Dr. Shreya	Dr. Amit Lall
18-Jul-2025	Fri	Emergency CCM Meet	Dr. Amrit	Dr. Sonika
19-Jul-2025	Sat	CGR		
20-Jul-2025	Sun	SUNDAY		
21-Jul-2025	Mon	Pathology CCM Meet	Dr. Lipika	Dr. Veena
22-Jul-2025	Tue	NON -ST segement elevation MI (Diagnosis and Management)	Dr. Sukriti	Dr. Veena
23-Jul-2025	Wed	Mechanical complications of Myocardial Infarction	Dr. Amrit	Dr. Sonu
24-Jul-2025	Thu	Journal – ACC/AHA update on infective endocarditis	Dr. Amrit	Dr. Sonika
25-Jul-2025	Fri	Management of Bradyarrythmia and Temporary pacing	Dr. Vinayak	Dr. Amit Lall
26-Jul-2025	Sat	CGR		
27-Jul-2025	Sun	SUNDAY		
28-Jul-2025	Mon	Arterial BP Monitoring and Trouble Shooting with Physics (Bed Side Teaching)	Dr. Sukriti	Dr. Veena
29-Jul-2025	Tue	Acute Aortic Syndromes	Dr. Amrit	Dr. Nandkishore
30-Jul-2025	Wed	Assesment and Feedback		All Faculty
31-Jul-2025	Thu	-	-	-

*Non-Compliance with the academic roster will be reported as per protocol. Strict compliance to be ensured


Dr. Sonu Sama
Academic Roster Incharge


Dr. Sonika Agarwal
Professor & Head
Critical Care Medicine
HIMS, SRHU, Dehradun-248006

Department of Critical Care Medicine
SRHU, Swami Rama Nagar, Doiwala, Dehradun

DM - Critical Care Medicine Roster for the Month of JULY- 2025

SRHU/CCM/25/

Date – 30-06-2025

Date	Day	Morning (8:30 AM to 8:30 PM)	Night (8:30 PM to 8:30 AM)
1-Jul-2025	Tue	Dr. Amrit	-
2-Jul-2025	Wed	-	Dr. Amrit
3-Jul-2025	Thu	-	-
4-Jul-2025	Fri	-	-
5-Jul-2025	Sat	Dr. Amrit	-
6-Jul-2025	Sun	-	Dr. Amrit
7-Jul-2025	Mon	-	-
8-Jul-2025	Tue	-	-
9-Jul-2025	Wed	Dr. Amrit	-
10-Jul-2025	Thu	-	-
11-Jul-2025	Fri	-	-
12-Jul-2025	Sat	Dr. Amrit	-
13-Jul-2025	Sun	-	Dr. Amrit
14-Jul-2025	Mon	-	-
15-Jul-2025	Tue	Dr. Amrit	-
16-Jul-2025	Wed	-	Dr. Amrit
17-Jul-2025	Thu	-	-
18-Jul-2025	Fri	Dr. Amrit	-
19-Jul-2025	Sat	-	Dr. Amrit
20-Jul-2025	Sun	-	-
21-Jul-2025	Mon	Dr. Amrit	-
22-Jul-2025	Tue	-	Dr. Amrit
23-Jul-2025	Wed	-	-
24-Jul-2025	Thu	Dr. Amrit	-
25-Jul-2025	Fri	-	Dr. Amrit
26-Jul-2025	Sat	-	-
27-Jul-2025	Sun	Dr. Amrit	-
28-Jul-2025	Mon	-	Dr. Amrit
29-Jul-2025	Tue	-	-
30-Jul-2025	Wed	-	-
31-Jul-2025	Thu	-	Dr. Amrit

Note :

1. No resident can leave ICU without handing over the charge to the next incoming resident.
2. Do not leave ICU without permission of the on-duty consultant.

Dr. Sourabh Kumar
Assistant Professor
Critical Care Medicine

Sourabh
Dr. Sonika Agarwal
Professor & Head
Critical Care Medicine
Department of Critical Care Medicine
Himalayan Institute of Medical Sciences
SRHU, Swami Rama Nagar
Dehradun-248016

Department of Critical Care Medicine
SRHU, Swami Rama Nagar, Doiwala, Dehradun

DM - Critical Care Medicine Roster for the Month of August– 2025

SRHU/CCM/25/

Date – 02-08-2025

Date	Day	Morning (8:30 AM to 8:30 PM)	Night (8:30 PM to 8:30 AM)
1-Aug-2025	Fri	-	-
2-Aug-2025	Sat	-	-
3-Aug-2025	Sun	-	Dr. Amrit
4-Aug-2025	Mon	-	-
5-Aug-2025	Tue	Dr. Amrit	-
6-Aug-2025	Wed	-	Dr. Amrit
7-Aug-2025	Thu	-	-
8-Aug-2025	Fri	-	Dr. Amrit
09-08-2025 (RH)	Sat	-	-
10-Aug-2025	Sun	-	Dr. Amrit
11-Aug-2025	Mon	-	-
12-Aug-2025	Tue	Dr. Amrit	-
13-Aug-2025	Wed	Dr. Amrit	-
14-Aug-2025	Thu	-	Dr. Amrit
15-08-2025(GH)	Fri	-	-
16-08-2025(GH)	Sat	Dr. Amrit	-
17-Aug-2025	Sun	-	Dr. Amrit
18-Aug-2025	Mon	-	-
19-Aug-2025	Tue	Dr. Amrit	-
20-Aug-2025	Wed	-	Dr. Amrit
21-Aug-2025	Thu	-	-
22-Aug-2025	Fri	Dr. Amrit	-
23-Aug-2025	Sat	-	Dr. Amrit
24-Aug-2025	Sun	-	-
25-Aug-2025	Mon	Dr. Amrit	-
26-Aug-2025	Tue	-	Dr. Amrit
27-Aug-2025	Wed	-	-
28-Aug-2025	Thu	Dr. Amrit	-
29-Aug-2025	Fri	-	Dr. Amrit
30-Aug-2025	Sat	-	-
31-Aug-2025	Sun	Dr. Amrit	-

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Dr. Sourabh Kumar
 Assistant Professor
 Critical Care Medicine


Dr. Sonika Agarwal
 Professor & Head
 Critical Care Medicine
 SRHU, Swami Rama Nagar
 Dehradun-248016

DEPARTMENT OF CRITICAL CARE MEDICINE
HIMS, SRHU, DEHRADUN

Teaching Schedule for the month of August, 2025

Venue: ICU Class Room

Date: 02-07-2025

Time: 8:00 AM —9:00 AM

Date	Day	Topic	Presenter	Moderator+ Morning Meet
1-Aug-2025	Fri	Orientation to Department	All Faculty	Dr. Nand Kishore
2-Aug-2025	Sat	CGR		Dr. Sourabh
3-Aug-2025	Sun	SUNDAY		
4-Aug-2025	Mon	Faculty Meeting	All Faculty	Dr. Sonika
5-Aug-2025	Tue	Altered sensorium in ICU Patient- how to evaluate	Dr. Gaurav	Dr. Amit lall
6-Aug-2025	Wed	Status epilepticus	Dr. Abhishek	Dr. Sonika
7-Aug-2025	Thu	CCM Radiology Meet	Dr. Amrit	Dr. Nand Kishore
8-Aug-2025	Fri	Myasthenia gravis and GBS	Dr. Vaibhav	Dr. Veena
09-08-2025 (RH)	Sat	CGR		Dr. Sonu Sama
10-Aug-2025	Sun	SUNDAY		
11-Aug-2025	Mon	Afferent and efferent pupillary defects	Dr. Mallika	Dr. Veena
12-Aug-2025	Tue	Chest tube insertion (Bed side Discussion)	Dr. Preyaa	Dr. Sonika
13-Aug-2025	Wed	Pericardiocentesis (Bed side Discussion)	Dr. Ishani	Dr. Nand Kishore
14-Aug-2025	Thu	Metabolic encephalopathy (evaluation and approach to a patient)	DM2	Dr. Veena
15-08-2025(GH)	Fri	GH		Dr. Amit Lall
16-08-2025(GH)	Sat	GH		Dr. Sonu Sama
17-Aug-2025	Sun	SUNDAY		
18-Aug-2025	Mon	Critical illness Myopathy and Neuropathy in ICU	Dr. Amrit	Dr. Amit Lall
19-Aug-2025	Tue	Emergency CCM Meet	DM 3	Dr. Veena
20-Aug-2025	Wed	SAH	Dr. Amrit	Dr. Sonu Sama
21-Aug-2025	Thu	EARLY DRAIN TRIAL (ICM)	DM 3	Dr. Sonu Sama
22-Aug-2025	Fri	Post operative cognitive dysfunction	DM 2	Dr. Sonika
23-Aug-2025	Sat	CGR		Dr. Nand Kishore
24-Aug-2025	Sun	SUNDAY		
25-Aug-2025	Mon	Bronchoscopy in ICU	Dr. Amrit	Dr. Sonu Sama
26-Aug-2025	Tue	Cerebrovascular Disease	DM 2	Dr. Sourabh
27-Aug-2025	Wed	ENRICH TRIAL (ICM)	DM 3	Dr. Sourabh
28-Aug-2025	Thu	Neurooncological problems in ICU	DM 2	Dr. Amit lall
29-Aug-2025	Fri	Departmental Assesment	All JRs and SRs	Dr. Amit lall
30-Aug-2025	Sat	CGR		Dr. Amit lall
31-Aug-2025	Sun	SUNDAY		

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Sonu Sama
Dr. Sonu Sama
Academic Roster Incharge

Sonu Sama
Dr. Sonu Sama
Professor & Head
Department of Critical Care Medicine
Postgraduate Institute of Medical Sciences
Swami Ram Nagar
Himalaya, Dehradun-248016

DEPARTMENT OF CRITICAL CARE MEDICINE

HIMS, SRHU, DEHRADUN

Teaching Schedule for the month of September, 2025

Venue: ICU Class Room

Date: 01-09-2025

Time: 8:30 AM — 9:30 AM

Date	Day	Topic	Presenter	Moderator+ Morning Meet
1-Sep-2025	Mon	Orientation	-	All Faculty
2-Sep-2025	Tue	Medical Management of Pain in Critically Ill Patient	Dr. Priyasi	Dr. Sonika ✓
3-Sep-2025	Wed	Point of Care Ultrasonography	Dr. Amrit	Dr. Veena ✓
4-Sep-2025	Thu	Radiology - CCM Meet (Basic Principal of CT Scan)	Post Pooja	Dr. Amit ✗
5-Sep-2025	Fri	Faculty Meeting/ Thesis Topic Discussion	All Faculty	-
6-Sep-2025	Sat	Skill – CVP line/Arterial Line Insertion	Dr. Reshm	All Faculty
7-Sep-2025	Sun	SUNDAY		
8-Sep-2025	Mon	Anatomy of Airway & Bronchopulmonary Segments	Dr. Pragya	Dr. Amit
9-Sep-2025	Tue	Anatomical/Physiological Difficult Airway & Management	Dr. Resham	Dr. Sonu
10-Sep-2025	Wed	Therapeutic Paralysis in ICU	Dr. Himanshu	Dr. Sonika
11-Sep-2025	Thu	Transfusion Medicine - CCM Meet (Basics of ROTEM & Clinical Implication)	Dr. Neha	Dr. Nand
12-Sep-2025	Fri	Anaesthesia for Bedside Procedures	Dr. Pooja	Dr. Sonika
13-Sep-2025	Sat	Skill- Intubation	Dr. Neha	All Faculty
14-Sep-2025	Sun	SUNDAY		
15-Sep-2025	Mon	Lung USG	Dr. Nilohit	Dr. Amit
16-Sep-2025	Tue	Temporary Cardiac Pacing	Dr. Stuti	Dr. Sourabh
17-Sep-2025	Wed	Pulmonary Artery Catheter Insertion	DR. Amrit	Dr. Veena
18-Sep-2025	Thu	Journal Club (Paralytics)	Dr. Resham	Dr. Sonu
19-Sep-2025	Fri	Cardioversion & Defibrillation	Dr. Aditi	Dr. Nand
20-Sep-2025	Sat	Skill – Tracheostomy	Dr. Amrit	All Faculty
21-Sep-2025	Sun	SUNDAY		
22-Sep-2025	Mon	Cardiopulmonary Resuscitation	Dr. Preya	Dr. Sourabh
23-Sep-2025	Tue	Interventional radiology – percutaneous drainage techniques/percutanis	Dr. Neha	Dr. Veena
24-Sep-2025	Wed	Routine Monitoring in ICU - ECG/Temperature	Dr. Ishani	Dr. Nand
25-Sep-2025	Thu	Journal club (Sedation in ICU)	Dr. Amrit	Dr. Sonika
26-Sep-2025	Fri	Respiratory monitoring in ICU during machanical Ventilation	-	Dr. Sourabh
27-Sep-2025	Sat	Skill – Lumber Puncture	Dr. Nilohit	All faculty
28-Sep-2025	Sun	SUNDAY		
29-Sep-2025	Mon	Minimally Invasive Hemodynamic Monitoring in ICU	Dr. Resham	Dr. Sonu
30-Sep-2025	Tue	Assesment and Feedback	-	Dr. Amit

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Himalaya Institute of Medical Sciences
Dehradun-248016

Department of Critical Care Medicine
SRHU, Swami Rama Nagar, Doiwala, Dehradun

DM - Critical Care Medicine Roster for the Month of September– 2025

SRHU/CCM/25/

Date – 06-09-2025

Date	Day	Morning (8:30 AM to 8:30 PM)	Night (8:30 PM to 8:30 AM)
1-Sep-2025	Mon	Dr. Resham	-
2-Sep-2025	Tue	-	Dr. Resham
3-Sep-2025	Wed	Dr. Amrit	-
4-Sep-2025	Thu	Dr. Resham, <i>Neha</i>	Dr. Amrit
5-Sep-2025	Fri	-	Dr. Resham, <i>Neha</i>
6-Sep-2025	Sat	Dr. Amrit	-
7-Sep-2025	Sun	Dr. Resham, Dr. Neha	Dr. Amrit
8-Sep-2025	Mon	Dr. Neha	Dr. Resham
9-Sep-2025	Tue	Dr. Amrit	Dr. Neha
10-Sep-2025	Wed	Dr. Resham	Dr. Amrit
11-Sep-2025	Thu	Dr. Neha	Dr. Resham
12-Sep-2025	Fri	-	Dr. Neha
13-Sep-2025	Sat	-	Dr. Amrit
14-Sep-2025	Sun	Dr. Resham	Dr. Amrit
15-Sep-2025	Mon	Dr. Neha	Dr. Resham
16-Sep-2025	Tue	Dr. Amrit	Dr. Neha
17-Sep-2025	Wed	Dr. Resham	Dr. Amrit
18-Sep-2025	Thu	Dr. Neha	Dr. Resham
19-Sep-2025	Fri	Dr. Amrit	Dr. Neha
20-Sep-2025	Sat	-	Dr. Amrit
21-Sep-2025	Sun	Dr. Resham	-
22-Sep-2025	Mon	Dr. Neha	Dr. Resham
23-Sep-2025	Tue	Dr. Amrit	Dr. Neha
24-Sep-2025	Wed	Dr. Resham	Dr. Amrit
25-Sep-2025	Thu	Dr. Neha	Dr. Resham
26-Sep-2025	Fri	Dr. Amrit	Dr. Neha
27-Sep-2025	Sat	Dr. Resham	Dr. Amrit
28-Sep-2025	Sun	Dr. Neha	Dr. Resham
29-Sep-2025	Mon	Dr. Amrit	Dr. Neha
30-Sep-2025	Tue	Dr. Resham	Dr. Amrit

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Sourabh Kumar

Dr. Sourabh Kumar
Assistant Professor
Critical Care Medicine

Sonika

Dr. Sonika Agarwal
Professor & Head
Critical Care Medicine
Professor & Head
Department of Critical Care Medicine
Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar
Dehradun-248016