



NAAC A+



Himalayan College of Nursing Swami Rama Himalayan University

Career Counselling

BY

Mr. Ashutosh Kunwar

Assistant Professor

**Government Nursing College,
Pithoragarh, Uttarakhand**



Date: January 17, 2024

Time: 1 PM Onwards

Venue: Mother Teresa Auditorium, Himalayan College of Nursing, SRHU

**HIMALAYAN COLLEGE OF NURSING
SWAMI RAMA HIMALAYAN UNIVERSITY
JOLLY GRANT, DEHRADUN**

AspireGrad Network
REPORT ON CAREER COUNSELLING

Name of Activity: Career Counselling

Date: 17 January, 2024

Facilitators: Dr. Vandana Chauhan and Ms. Preeti Prabha

Time: 1 to 2 pm

Venue: Mother Teresa Auditorium, HCN

Number of Students: 150

AspireGrad Network along with Himalayan College of Nursing organized an inspiring session on Career Counselling, by Mr. Ashutosh Panwar working as Assistant Professor in Government Nursing College, Pithoragarh, Uttarakhand. He shared his journey and valuable experiences from his student life. The session was motivating and enlightening for the students, as the alumnus recounted the challenges and achievements he encountered during his academic years. He emphasized the importance of hard work, perseverance, and maintaining a balanced approach to studies and personal growth. Drawing from his own success, he provided practical insights into preparing for government job exams. He outlined the significance of understanding the syllabus thoroughly, creating a structured study plan, and practicing through mock tests and previous question papers. Additionally, he stressed the need for time management, staying updated with current affairs, and maintaining a positive mindset throughout the preparation process. The interactive session allowed students to raise queries and receive personalized guidance, making it a highly productive and engaging experience. The session concluded with a heartfelt vote of thanks and a renewed sense of motivation among the attendees.



Group Photograph with Alumni

[Signature]
Activity Coordinators

[Signature]
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Himalayan College of Nursing
SRHU, Swami Ram Nagar, Jolly Grant, Dehradun
Batch: B.Sc. Nursing IIIrd Semester
Carreer Advancement

Date 17-1-2024

S.N o.	Registration Number	Name of students	Signature
1	DD231103301001	Aakanksha	<i>Aakanksha</i>
2	DD231103301002	Aanchal Pundir	<i>Aanchal</i>
3	DD231103301003	Abhishek Sahani	<i>Abhishek</i>
4	DD231103301004	Aditi Parmar	<i>Aditi</i>
5	DD231103301005	Aditi Raturi	<i>Aditi</i>
6	DD231103301006	Aditi Sajwan	<i>Aditi</i>
7	DD231103301007	Aditya Negi	<i>Aditya</i>
8	DD231103301008	Akansa Dhoundiyal	<i>Akansa</i>
9	DD231103301009	Akansa Pandey	<i>Akansa</i>
10	DD231103301010	Akshita Kukreti	<i>Akshita</i>
11	DD231103301011	Aman	<i>Aman</i>
12	DD231103301013	Aman Kumar	<i>Aman</i>
13	DD231103301014	Anamika	<i>Anamika</i>
14	DD231103301015	Anisha Krishali	<i>Anisha</i>
15	DD231103301016	Anisha Nakoti	<i>Anisha</i>
16	DD231103301017	Anshika Chauhan	<i>Anshika</i>
17	DD231103301018	Anshika Negi	<i>Anshika</i>
18	DD231103301019	Anurag Dilwal	<i>Anurag</i>
19	DD231103301020	Anushka Hatwal	<i>Anushka</i>
20	DD231103301021	Anushka Raj	<i>Anushka</i>
21	DD231103301022	Arohi Negi	<i>Arohi</i>
43	DD231103301046	Jaffrine Arthur	<i>Jaffrine</i>
44	DD231103301047	Jyoti Kholiya	<i>Jyoti</i>
45	DD231103301048	Kanika Gupta	<i>Kanika</i>
46	DD231103301049	Kartik Semalti	<i>Kartik</i>
47	DD231103301050	Karuna Dean	<i>Karuna</i>

S.No.	Registration Number	Name of students	Signature
22	DD231103301023	Arti Koli	<i>Arti</i>
23	DD231103301024	Ashish Bhandari	<i>Ashish</i>
24	DD231103301025	Asmita Sindhwal	<i>Asmita</i>
25	DD231103301026	Ayush Aswal	<i>AS</i>
26	DD231103301028	Ayush Kharola	<i>Ayush</i>
27	DD231103301029	Ayush Rana	<i>Ayush</i>
28	DD231103301030	Bhavna Sharma	<i>Bhavna</i>
29	DD231103301031	Bhawna	<i>Bhawna</i>
30	DD231103301033	Daksh Nautiyal	<i>Daksh</i>
31	DD231103301034	Dikshita Gairola	<i>Dikshita</i>
32	DD231103301035	Divya Semwal	<i>Divya</i>
33	DD231103301036	Esha Rawat	<i>Esha</i>
34	DD231103301037	Gagandeep Kaur	<i>Gagandeep</i>
35	DD231103301038	Gaurav Singh Rawat	<i>Gaurav</i>
36	DD231103301039	Gayatri Rana	<i>Gayatri</i>
37	DD231103301040	Gunjan Rawat	<i>Gunjan</i>
38	DD231103301041	Himani Rawat	<i>Himani</i>
39	DD231103301042	Himanshi Yadav	<i>Himanshi</i>
40	DD231103301043	Isha Bisht	<i>Isha</i>
41	DD231103301044	Isha Rawat	<i>Isha</i>
42	DD231103301045	Ishika	<i>Ishika</i>
67	DD231103301070	Muskan Perveen	<i>Muskan</i>
68	DD231103301071	Nandani	<i>Nandani</i>
69	DD231103301072	Navya Vashishth	<i>Navya</i>
70	DD231103301073	Neha	<i>Neha</i>
71	DD231103301074	Neha	<i>Neha</i>

S.N o.	Registration Number	Name of students	Signature		S.No.	Registration Number	Name of students	Signature
48	DD231103301051	Kashish	<i>Kashish</i>		72	DD231103301075	Nitin Painuly	<i>Nitin</i>
49	DD231103301052	Khushi	<i>Khushi</i>		73	DD231103301076	Palak Rani	<i>Palak</i>
50	DD231103301053	Khushi Dhoundhiyal	<i>Khushi</i>		74	DD231103301077	Palak Saini	<i>Palak</i>
51	DD231103301054	Khushi Kashyap	<i>Khushi</i>		75	DD231103301078	Payal	<i>Payal</i>
52	DD231103301055	Khushi Negi	<i>Khushi Negi</i>		76	DD231103301079	Payal Belwal	<i>Payal</i>
53	DD231103301056	Khushi Negi	<i>Khushi Negi</i>		77	DD231103301080	Prachi Singh	<i>Prachi</i>
54	DD231103301057	Khushi Rawat	<i>Khushi</i>		78	DD231103301081	Preeti Rawat	<i>Preeti</i>
55	DD231103301058	Kiran Bisht	<i>Kiran</i>		79	DD231103301082	Prerana Rawat	<i>Prerana</i>
56	DD231103301059	Kunal Gharami	<i>Kunal</i>		80	DD231103301083	Prerna Choudhary	<i>Prerna</i>
57	DD231103301060	Kunga Kherab	<i>Kunga</i>		81	DD231103301084	Priya Saini	<i>Priya Saini</i>
58	DD231103301061	Lavika Petwal	<i>Lavika</i>		82	DD231103301085	Priyanshi Kala	<i>Priyanshi</i>
59	DD231103301062	Mahak Gurung	<i>Mahak</i>		83	DD231103301086	Priyanshu Kimothi	<i>Priyanshu</i>
60	DD231103301063	Manisha	<i>Manisha</i>		84	DD231103301087	Radhika	<i>Radhika</i>
61	DD231103301064	Manisha Joshi	<i>Manisha</i>		85	DD231103301088	Rashi Pant	<i>Rashi</i>
62	DD231103301065	Manmeet Kaur	<i>Manmeet</i>		86	DD231103301089	Rashmi	<i>Rashmi</i>
63	DD231103301066	Mansi Rawat	<i>Mansi</i>		87	DD231103301090	Renuka Yadav	<i>Renuka</i>
64	DD231103301067	Mayank Chauhan	<i>Mayank</i>		88	DD231103301091	Riddhima Rawat	<i>Riddhima</i>
65	DD231103301068	Mehak Rana	<i>Mehak Rana</i>		89	DD231103301092	Rimmy Bhandari	<i>Rimmy</i>
66	DD231103301069	Mukul Pal	<i>Mukul</i>		90	DD231103301093	Rishita	<i>Rishita</i>
91	DD231103301094	Ritika Bisht	<i>Ritika</i>		115	DD231103301118	Shreya Kunwar	<i>Shreya</i>
92	DD231103301095	Ritika Solanki	<i>Ritika</i>		116	DD231103301119	Shrishti Bhandari	<i>Shrishti</i>
93	DD231103301096	Riya Bisht	<i>Riya</i>		117	DD231103301120	Shrishti Rawat	<i>Shrishti</i>
94	DD231103301097	Riya Raikwal	<i>Riya</i>		118	DD231103301121	Shubham Kumar	<i>Shubham</i>
95	DD231103301098	Sadhana	<i>Sadhana</i>		119	DD231103301122	Siddhika Lakhera	<i>Siddhika</i>
96	DD231103301099	Saksham Manwal	<i>Saksham</i>		120	DD231103301123	Simarjeet Kaur	<i>Simarjeet</i>
97	DD231103301100	Saksham Tomar	<i>Saksham</i>		121	DD231103301124	Soni	<i>Soni</i>
98	DD231103301101	Saloni Krishali	<i>Saloni</i>		122	DD231103301125	Srishti Saklani	<i>Srishti</i>
99	DD231103301102	Saloni Rajput	<i>Saloni</i>		123	DD231103301126	Stuti	<i>Stuti</i>

S.N o.	Registration Number	Name of students	Signature		S.No.	Registration Number	Name of students	Signature
100	DD231103301 103	Samridhi Negi	<i>Samridhi</i>		124	DD231103301 127	Sudiksha Sharma	<i>Sudiksha</i>
101	DD231103301 104	Sandhya Negi	<i>Sandhya</i>		125	DD231103301 128	Suhani	<i>Suhani</i>
102	DD231103301 105	Saniya	<i>Saniya</i>		126	DD231103301 129	Suhani Rawat	<i>Suhani</i>
103	DD231103301 106	Saniya Malik	<i>Saniya</i>		127	DD231103301 130	Surbhi Gusain	<i>Surbhi</i>
104	DD231103301 107	Sanjana Rana	<i>Sanjana</i>		128	DD231103301 131	Tamara Rawat	<i>Tamara</i>
105	DD231103301 108	Sarthak Semalty	<i>Sarthak</i>		129	DD231103301 132	Taniya	<i>Taniya</i>
106	DD231103301 109	Seema Panwar	<i>Seema</i>		130	DD231103301 133	Taniya Sajwan	<i>Taniya</i>
107	DD231103301 110	Shalini Aswal	<i>Shalini</i>		131	DD231103301 134	Tanushree Senwal	<i>Tanushree</i>
108	DD231103301 111	Shalini Negi	<i>Shalini</i>		132	DD231103301 135	Tanya	<i>Tanya</i>
109	DD231103301 112	Shaurya Rawat	<i>Shaurya</i>		133	DD231103301 136	Tanya Joshi	<i>Tanya</i>
110	DD231103301 113	Shikha Dabral	<i>Shikha</i>		134	DD231103301 137	Tanya Kumain	<i>Tanya</i>
111	DD231103301 114	Shipra Saini	<i>Shipra</i>		135	DD231103301 138	Thapliyal Dipti Krishandutt	<i>Thapliyal</i>
112	DD231103301 115	Shivangi Tariyal	<i>Shivangi</i>		136	DD231103301 139	Tripti	<i>Tripti</i>
113	DD231103301 116	Shivani Das	<i>Shivani</i>		137	DD231103301 140	Upasana Rawat	<i>Upasana</i>
114	DD231103301 117	Shivank Jethuri	<i>Shivank</i>		138	DD231103301 141	Vansh Manwal	<i>Vansh</i>
139	DD231103301 142	Vanshika Rawat	<i>Vanshika</i>		142	DD231103301 145	Vedanshi Ramola	<i>Vedanshi</i>
140	DD231103301 143	Varsha Bhatt	<i>Varsha</i>		143	DD2211330103	Deeksha Shah	<i>Deeksha</i>
141	DD231103301 144	Vedanshi	<i>Vedanshi</i>		144	DD2113302142	Vikas	<i>Vikas</i>