

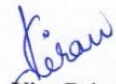
HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
OFFICE OF THE PRINCIPAL

Ref. : HIMS/2024
Date : 1st May 2024

NOTICE FOR PARAMEDICAL STUDENTS

A session on “**Career Counselling & Guidance**” is being organized by HIMS for MPT & BPT & B.Optom. Final Year Paramedical students on 2nd May 2024 at 2:30 pm in LT - 2, Medical College, HIMS.

It is mandatory for all above mentioned students to attend the session.


Vice Principal
(Allied Health UG Program)

c.c. : The Principal
HOD, Physiotherapy Department
HOD, Ophthalmology Department
Notice Board

REPORT

Career counseling and guidance session conducted by Ashish Gupta on May 2, 2024, utilizing the MYERS BRIGGS TYPE INDICATOR assessment sheet alongside Bachelor of physiotherapy, Masters of physiotherapy, and Bachelor of Optometry Students in which 51 students took the session aimed to provide personalized career guidance by Ashish Gupta to residue students based on their individual profiles, using the MYERS BRIGGS TYPE INDICATOR assessment sheet.

Each participant, including Ashish Gupta, underwent the MYERS BRIGGS TYPE INDICATOR assessment process. This involved evaluating their skills, interests, personality traits, and values. Following the assessment, group analysis sessions were conducted to discuss common trends, strengths, and areas of improvement among the participants. Individual consultations were conducted with Ashish Gupta and other students to review their assessment results in detail. This provided an opportunity to delve deeper into their unique profiles and aspirations.

Based on the assessment results, career exploration sessions were held to introduce participants to various career options within the fields. Emphasis was placed on aligning career choices with individual interests, strengths, and values. Personalized recommendations were provided to Ashish Gupta and other participants, including educational pathways, skill development opportunities, and potential job roles or further studies within their respective fields of interest.

Each participant, was encouraged to develop an action plan outlining steps to pursue their chosen career path. By leveraging the MYERS BRIGGS TYPE INDICATOR assessment sheet and personalized consultations, participants were empowered to make informed decisions about their future careers.



FACULTY TAKING CLASS






EXPLAINING THE SKILLSET

Paramedical Students MPT Attendance Sheet			
Career Counselling & Guidance			
Venue- LT 2 Medical College			Date : 02.05.2024
S. No.	RegistrationNo.	Name of Student	Signature
1	DD22114522001	AKANKSHA VERMA	Absent
2	DD22114522002	ISHITA JAIN	Ishta
3	DD22114522003	JASMEET KAUR	Jasmeet
4	DD22114522004	KIRTI SHARMA	Kirti
5	DD22114522005	KM. TANU CHAUHAN	Tanu
6	DD22114522006	MANSI PANDEY	Mansi
7	DD22114522007	MEGHANA SONI	Meghana
8	DD22114522008	NIKITA	Nikita
9	DD22114522009	PREKSHA JAIN	Preksha
10	DD22114522011	RADHIKA AGGARWAL	Radika
11	DD22114522012	RIYA JAIN	Riya
12	DD22114522014	SHAILY TIWARI	Shaily
13	DD22114522015	SIMRAN KOTIYAL	Simran
14	DD22114522016	SWAPNIL TIWARI	Swapnil
15	DD22114522017	SWATI CHANDEL	Swati
16	DD22114522018	VIRAJ JAIN	Viraj
17	DD22114522019	AAYUSHI	Aayushi
18	DD22114522020	ANAMIKA	Anamika
19	DD22114522021	ANKITA BHATT	Ankita
20	DD22114522022	ANKITA MALGUDI	Ankita
21	DD22114522023	ANSHIKA CHAUDHARY	Anshika
22	DD22114522024	ARADHYA SWARNKAR	Aradhy
23	DD22114522025	AYUSHI TIWARI	Ayushi
24	DD22114522026	DEEPALI CHANDRA	Deepali
25	DD22114522027	HARDIKA JAIN	Hardika
26	DD22114522028	JYOTSANA PUNDIR	Jyotsana
27	DD22114522029	MUSKAN JAIN	Muskan
28	DD22114522030	NIKITA VAID	Nikita
29	DD22114522031	NISHANT SAINI	Nishant
30	DD22114522032	PREETI RAWAT	Absent
31	DD22114522033	SHRSHI CHAUHAN	Shrshi
32	DD22114522034	VAMAKSHI VIJAY	Vam

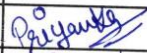
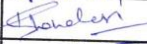



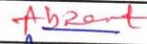
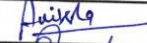
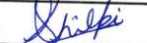
Mr. Ashish Gupta
Assistant Manager of C-PACE



Paramedical Students BPT Attendance Sheet			
Career Counselling & Guidance			
Venue- LT 2 Medical College			Date : 02.05.2024
S. No.	RegistrationNo.	Name of Student	Signature
1	DD2014355001	AAKANSHA RAWAT	
2	DD2014355002	ALKA CHAUHAN	Ab sent
3	DD2014355003	ANJALI	Anjali
4	DD2014355004	ANJALI GUPTA	Ab sent
5	DD2014355005	ANUSTHA VISHNOI	Anustha
6	DD2014355006	ASHEESH	Ab sent
7	DD2014355007	ASHWARYA RANA	Ab sent
8	DD2014355010	DIPALI RAWAT	
9	DD2014355011	DIVYA RAJPUT	Ab sent
10	DD2014355012	HARMENDRA PUGAZHENDI	Harmendra
11	DD2014355014	HARSHITA KUCKREJA	Ab sent
12	DD2014355019	KAVITA RAUTELA	Ab sent
13	DD2014355020	KM. NITIKA PANWAR	Nitika
14	DD2014355021	KM. NOORJHAN	Noorjhan
15	DD2014355022	LAXMAN GURJAR	Ab sent
16	DD2014355024	MAMTA LARD	Mamta
17	DD2014355026	MANSI BAJAJ	Mansi
18	DD2014355027	MEGHA BAHUGUNA	Megha
19	DD2014355028	MISHA CHAUHAN	Ab sent
20	DD2014355031	RASHMI	
21	DD2014355032	SAMIKSHA UNIYAL	Ab sent
22	DD2014355033	SANGEETA	Ab sent
23	DD2014355036	SHIREEN PAUL	Ab sent
24	DD2014355040	SYED ABUL DARAIN	
25	DD2014355041	TANISHA MALIK	Tanisha
26	DD1914355006	ANJALI	Anjali

Mr. Ashish Gupta
Assistant Manager of C-PACE



Paramedical Students BOPTOM Attendance Sheet			
Career Counselling & Guidance			
Venue- LT 2 Medical College			Date : 02.03.2024
S. No.	RegistrationNo.	Name of Student	Signature
1	DD2114353001	PRIYANKA CHINTAPATRA	
2	DD2114353002	SIMRAN BHANDARI	
3	DD2114353003	SHUBHAM KUMAR	
4	DD2114353004	SHIVANI	
5	DD2114353005	UVESH CHAUDHARY	
6	DD2124353001	SHRADDHA LAKHERA (L.E)	
7	DD22214304001	AMISHA (L.E)	
8	DD22214304002	SHILPI SINGH (L.E)	

Mr. Ashish Gupta
Assistant Manager of C-PACE



Brief Profile



Experienced communication and development expert with a master's in mass communication and a 15-year background in advertising and interpersonal skills. Specialized in curriculum development for universities, with a focus on enhancing communication and personal growth.

Ashish Gupta

Assistant Manager

C-Pace | SRHU

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