

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

DISASTER PREPAREDNESS & RESPONSE CLUB (Public Health, Social Welfare, & Community Outreach Clubs)

1. Introduction

The club is established to foster disaster awareness, preparedness, and resilience among students and local communities, especially in vulnerable hilly regions. Leveraging SRHU's curriculum, outreach centers, and institutional partnerships, the club enables learners to respond to emergencies with knowledge, sensitivity, and agility.

2. Objectives

The objectives of the Club are:

- Promote disaster risk literacy and safety awareness among students and rural populations
- Equip students with basic emergency response skills through mock drills and simulations
- Support SRHU's SDG-linked climate resilience efforts via participatory activities
- Integrate disaster management content from Environmental Studies and Public Health modules into club engagement
- Encourage collaboration with ASHA workers, outreach centers, and expert institutions for field experience

3. Club Committee

The Club shall be governed by a committee comprising the following members:

Composition	Roles
Dr. Rajeev Bijalwan, Deputy Director, RDI	Chairperson
Mr. Sunil Khanduri, Sr. Coordinator, RDI	Treasurer
Dr. Vibhor Sharma, Associate Professor, HSST	Member Secretary
Mr. Aayush Dhariwal, <u>B.Com</u> , HSMS	Member (Student Coordinator)

Students Detail

S.No.	Student Name	Registration No.	Enrollment No.	Programme Name
1	Aayush Dhariwal	DD22112302001	SRHU22000092	B.Com
2	Priyanka	DD22115302010	SRHU22000484	B.Sc. (Hons) Microbiology
3	Shivani Jha	DD22115302011	SRHU22000485	B.Sc. (Hons) Microbiology
4	Ojasvi Gupta	DD22115301020	SRHU22000462	B.Sc. Biotechnology
5	Shatakshi Dangwal	DD23106301035	SRHU23000829	B.Sc. Biotechnology
6	Jiya Verma	DD23106302010	SRHU23000851	B.Sc. Microbiology
7	Khushi	DD22113301057	SRHU22000859	B.Sc. Nursing
8	Tamanna Naithani	DD22113301134	SRHU22000936	B.Sc. Nursing
9	Yashika Gupta	DD231107301021	SRHU23000186	B.Sc. YSHH
10	Tamanna Gairola	DD22112301039	SRHU22000083	BBA
11	Rohit Rawat	DD231105301089	SRHU23000367	BBA
12	Tejender Kaur	DD231105301103	SRHU23000381	BBA
13	Narendra Singh	DD22111301025	SRHU22000358	BCA

14	Neha Rawat	DD22111301026	SRHU22000359	BCA
15	Priyanshu Kushwha	DD22111301028	SRHU22000361	BCA
16	Abhishek Payal	DD231104301095	SRHU23001070	BCA
17	Reena	DD231104301096	SRHU23001071	BCA
18	Rishabh Bhandari	DD22111301030	SRHU22000363	BCA
19	Mehak Krishali	DD231104301006	SRHU23000982	BCA
20	Ayush	DD231104301124	SRHU23001099	BCA
21	Manoj Saini	DD22114303015	SRHU22000215	BMLT
22	Riya Chaudhary	DD22114306017	SRHU22000187	BPT
23	Shailja Sharma	DD22114306023	SRHU22000193	BPT
24	Armaan Kumar Singh	DD22114307004	SRHU22000233	BRIT
25	Gaurav	DD22114308007	SRHU22000260	BRT
26	Naved Choudhary	DD22114308008	SRHU22000261	BRT
27	Km. Kirtee Saini	DD23106503002	SRHU23000883	M.Sc. Microbiology
28	Radhika Aggarwal	DD22114522011	SRHU22000155	MPT (Ortho)
29	Riya Jain	DD22114522012	SRHU22000156	MPT (Ortho)
30	Saloni Yadav	DD22114522013	SRHU22000157	MPT (Ortho)

4. Terms and Conditions

Sr. No.	Clause	Details
1.	Quorum	50% of the total members
2.	Tenure of the Club	Perpetual
3.	Tenure of the Chairperson	3 years
4.	Tenure of the Members	2-3 years
5.	Frequency of Meetings	<i>Preferably once per quarter.</i>
6.	Meeting Notice and Agenda	The member secretary with prior approval of Chairperson shall circulate the Meeting Notice and Agenda to all the members at least seven (7) working days prior to date of the meeting.
7.	Minutes of the Meeting	The Secretary records the minutes, which are signed by the Chairperson and Secretary. A signed copy is forwarded to members within three (3) working days of the meeting.
8.	Duties and function	<ul style="list-style-type: none"> a) Conduct disaster preparedness workshops with RDI's WASH trainers. b) Facilitate student participation in SRHU-led exposure visits to emergency response labs (e.g., IIT Roorkee) c) Partner with NSS, ASHA workers, and local Panchayats for community-level disaster education. d) Create and distribute IEC content in local languages for awareness on floods, landslides, and earthquake safety.
9.	Funding and Resources	<ul style="list-style-type: none"> a. Institutional budget allocation b. Donations and sponsorships
10.	Amendments	Any amendment to this club must be proposed in writing and approved by a two-thirds majority of the Club Committee.
11.	Dissolution	In the event of dissolution, the assets and liabilities of the Club shall be transferred to the Swami Rama Himalayan University.

5. Services Offered:

- Organize mock drills, fire safety sessions, and hostel evacuation exercises.
- Observe National Disaster Day and World Environment Day through awareness rallies and exhibitions.
- Participate in SRHU's WASH programs and seminars on sanitation during emergencies.
- Collaborate with Environmental Studies faculty to integrate resilience-building projects.
- Support SRHU's outreach centers (e.g., RHTC Kurkawala) for disaster mapping and early warning awareness.
- Create short educational videos and posters in Hindi/Garhwali about local disaster risks and community actions.

 **Sign. of Chairperson**

Disaster Preparedness & Response Club
Swami Rama Himalayan University

 **Sign. of Treasurer**

 **Sign. of Member Secretary**

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

NOTICE

DISASTER PREPAREDNESS & RESPONSE CLUB (Public Health, Social Welfare, & Community Outreach Clubs)

SRHU/APDC/DPRC/2024/01

9th September 2024

This is to inform all students of Swami Rama Himalayan University (SRHU) that a Disaster Preparedness and Response Workshop will be organized on **16th September 2024**. The event aims to equip students with practical knowledge, emergency response skills, and strategies for disaster management and preparedness.

Details of the Event:

- | | |
|----------------|--|
| ● Event | : Disaster Preparedness and Response Workshop |
| ● Date | : 16 th September 2024 |
| ● Time | : 10:00AM onwards |
| ● Venue | : Lakhwar Village in the Kalsi block of Dehradun |
| ● Organized by | : Disaster Preparedness & Response Club, SRHU |
| ● Eligibility | : All SRHU students interested in disaster management, safety, and community service |

Interested students are requested to register their names with the Club Coordinator or Class Representative by 15th September 2024. Active participation is highly encouraged.

For further details and workshop schedules, please contact the Club Coordinator – SRHU.

Prepare, Respond, and Build Resilient Communities!

Copy to:-

Hon'ble President
Hon'ble Vice Chancellor
Director General (Academic Development)
Pro-Vice Chancellor
Registrar
Deans/Heads of the Constituent Academic Departments
Finance Officer
Members of the club-For necessary arrangements and action

}

for kind information please


Chairperson
Disaster Preparedness & Response Club
Swami Rama Himalayan University

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

REPORT

Organized by	: Disaster Preparedness & Response Club, Swami Rama Himalayan University
Date	: 16 th September 2024
Venue	: Lakhwar Village in the Kalsi block of Dehradun
Time	: 10:00AM onwards

The Disaster Preparedness & Response Club of *Swami Rama Himalayan University (SRHU)*, organized a multi-specialist health camp on 16th September 2024 at Lakhwar Village in the Kalsi block of Dehradun district. This outreach initiative reflected SRHU's strong commitment to extending healthcare services to underserved and tribal populations in the remote areas of Uttarakhand, thereby strengthening the foundation of community health and resilience.

The camp was designed to address the gaps in healthcare access often faced by rural and tribal communities due to geographical barriers, limited infrastructure, and scarcity of specialist medical services. A dedicated team of medical experts, paramedical staff, and volunteers participated in the camp, offering a wide range of diagnostic, preventive, and curative services.

Comprehensive healthcare services were provided, including general medical examinations, eye check-ups, dental consultations, gynecological assessments, and basic health screenings such as blood pressure measurement, height, and weight evaluation. A total of 124 beneficiaries from Lakhwar village and nearby areas availed themselves of these services. Among them, 27 patients received gynecology consultations, 70 were examined under eye care services, and 27 received dental treatment.

Free medicines were distributed to patients based on their diagnosis, ensuring immediate relief and continuity of care. For individuals requiring specialized or advanced medical attention, appropriate referrals to higher healthcare facilities were provided. This comprehensive approach not only offered treatment but also strengthened the referral network between rural communities and tertiary care institutions.

Beyond curative care, the camp emphasized the importance of preventive healthcare, health education, and regular medical check-ups. Interactive discussions helped raise awareness about maintaining personal hygiene, early diagnosis of diseases, and adopting healthy lifestyle practices.


Dr. Rajeev Bijalwan
Chairperson

Disaster Preparedness & Response Club
Swami Rama Himalayan University

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

The Specialist Health Camp at Lakhwar Village served as a significant step toward improving healthcare outreach in the region. It demonstrated SRHU's ongoing commitment to community service and the mission of the Rural Development Institute to promote health equity, resilience, and well-being among Himalayan communities.

EVENT HIGHLIGHT



Dr. Rajeev Bijalwan

Chairperson

Chairperson

Disaster Preparedness & Response Club
Swami Rama Himalayan University

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,

Uttarakhand 248016

NOTICE

DISASTER PREPAREDNESS & RESPONSE CLUB

(Public Health, Social Welfare, & Community Outreach Clubs)

SRHU/APDC/DPRC/2023/01

30th December 2023

This is to inform all students of Swami Rama Himalayan University (SRHU) that a Disaster Preparedness and Response Workshop will be organized on **6th January 2024**. The event aims to equip students with practical knowledge, emergency response skills, and strategies for disaster management and preparedness.

Details of the Event:

- | | |
|----------------|--|
| ● Event | : Disaster Preparedness and Response Workshop |
| ● Date | : 06 th January 2024 |
| ● Time | : 10:00AM onwards |
| ● Venue | : Primary Health Centre (PHC), Kalsi, Dehradun |
| ● Organized by | : Disaster Preparedness & Response Club, SRHU |
| ● Eligibility | : All SRHU students interested in disaster management, safety, and community service |

Interested students are requested to register their names with the Club Coordinator or Class Representative by **5th January 2024**. Active participation is highly encouraged.

For further details and workshop schedules, please contact the Club Coordinator – SRHU.

Prepare, Respond, and Build Resilient Communities!



Chairperson

Chairperson

Disaster Preparedness & Response Club

Swami Rama Himalayan University

Copy to:-

Hon'ble President

Hon'ble Vice Chancellor

Director General (Academic Development)

Pro-Vice Chancellor

Registrar

Deans/Heads of the Constituent Academic Departments

Finance Officer

Members of the club-For necessary arrangements and action

}

for kind information please

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

REPORT

Organized by	: Disaster Preparedness & Response Club, Swami Rama Himalayan University
Date	: 6 th January 2024
Venue	: Primary Health Centre (PHC), Kalsi, Dehradun
Time	: 10:00AM onwards

The Disaster Preparedness & Response Club of *Swami Rama Himalayan University (SRHU)*, organized a comprehensive workshop on Cardiopulmonary Resuscitation (CPR) and Health Emergencies on 6th January 2024 at the Primary Health Centre (PHC), Kalsi, Dehradun District. Conducted under the banner of the Disaster Preparedness & Response Club, the program reflected SRHU's commitment to enhancing community health preparedness and building the capacity of grassroots health workers in remote and rural areas.

The workshop aimed to equip ASHAs and ASHA Facilitators with essential life-saving skills and the ability to respond effectively during medical emergencies. Participants were trained in Cardiopulmonary Resuscitation (CPR)—a vital technique used in cardiac arrest cases, accidents, and emergency scenarios. The sessions included demonstrations and hands-on practice, ensuring that each participant gained confidence and practical competence in performing CPR correctly.

In addition to CPR, the workshop also addressed the management of common health emergencies such as fainting, injuries, burns, and first aid response. Trainers emphasized the importance of timely intervention and calm decision-making during health crises, particularly in rural settings where medical assistance may not be immediately available.

A special session on Menstrual Hygiene Management (MHM) was also integrated into the workshop. This segment focused on dispelling myths and taboos surrounding menstruation, promoting safe hygiene practices, and familiarizing participants with various menstrual products. The inclusion of MHM highlighted SRHU's holistic approach to health education—empowering community health workers to address both emergency health issues and routine women's health concerns within their communities.

The workshop combined interactive discussions, demonstrations, and practical exercises, creating a dynamic and engaging learning experience. Participants actively shared their field experiences, which enriched the sessions with real-world insights.



Dr. Rajeev Bijalwan

Chairperson

Chairperson

Disaster Preparedness & Response Club
Swami Rama Himalayan University

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

Through this initiative, RDI strengthened the capacity of ASHAs and ASHA Facilitators to act as first responders in their communities. The training not only enhanced their technical skills but also reinforced their role as health educators and change agents in promoting preventive care and community well-being.

EVENT HIGHLIGHT




Dr. Rajeev Bijalwan
Chairperson

Chairperson
Disaster Preparedness & Response Club
Swami Rama Himalayan University