

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

INNOVATIVE TEACHING METHODS CLUB (Academic & Professional Development Clubs)

1. Introduction

The Innovative Teaching Methods Club is a collaborative platform that promotes creative, student-centered, and technology-integrated teaching practices across disciplines. It aims to empower educators and learners to co-create engaging learning experiences using SRHU's pedagogical strengths—such as flipped classrooms, experiential learning, and outcome-based education. The club serves as a sandbox for experimentation, reflection, and sharing of teaching innovations that align with SRHU's mission of holistic and inclusive education.

2. Objectives

The objectives of the Club are:

- Explore and apply innovative teaching methods that enhance student engagement and learning.
- Facilitate peer learning and reflective teaching across SRHU's academic units.
- Support faculty in designing outcome-based lesson plans and assessments.
- Document and share successful pedagogical experiments for institutional learning.

3. Club Committee

The Club shall be governed by a committee comprising the following members:

Composition	Roles
Dr. Juhi Kalra, Professor, HIMS	Chairperson
Dr. Neha Sharma, Associate Professor, HIMS	Treasurer
Dr. Shaili Vyas, Professor, HIMS	Member Secretary
Dr. Aryan Bhardwaj, HIMS	Student Coordinator

Students Detail

S. No.	Student Name	Registration No.	Enrollment No.	Programme Name
1.	Aryan Bhardwaj	DD2114301029	SRHU21000641	MBBS
2.	Taniya Bhardwaj	DD2214301138	SRHU22000663	MBBS
3.	Vandana Thapa	DD2214301143	SRHU22000668	MBBS
4.	Tripti Kunwar	DD2214301141	SRHU22000666	MBBS
5.	Bhumika Pathak	DD2114301038	SRHU21000650	MBBS
6.	Bhaswat Sagar Sharma	DD2114301035	SRHU21000647	MBBS
7.	Krish Ahlawat	DD2114301064	SRHU21000676	MBBS
8.	Ankit Rawat	DD2114301022	SRHU21000634	MBBS
9.	Tanishka Chaudhary	DD2114301135	SRHU22000660	MBBS
10.	Gauri Bhatia	DD2114301055	SRHU22000580	MBBS
11.	Deepankar Panwar	DD2114301041	SRHU22000566	MBBS
12.	Preyanshi Bisht	DD2114301107	SRHU22000632	MBBS

13	Srishti Singhal	DD231101301128	SRHU22000750	MBBS-2022
14	Tanishka Gupta	DD231101301138	SRHU22000760	MBBS-2022
15	Itharth Kamboj	DD22114301070	SRHU22000595	MBBS-2022
16	Karnika Rathore	DD22114301079	SRHU22000604	MBBS-2022
17	Ananya Mittal	DD22114301014	SRHU22000539	MBBS-2022
18	Mimansa Mishra	DD22114301093	SRHU22000618	MBBS-2022
19	Rakshit Batra	DD22114301112	SRHU22000637	MBBS-2022
20	Aradhya	DD22114301024	SRHU22000549	MBBS-2022
21	Rohan Garg	DD2114301105	SRHU21000717	MBBS-2021
22	Neha Pal	DD231103505002	SRHU23000163	M.Sc. Nursing (Obstetric & Gynaecological)
23	Simran	DD231103505003	SRHU23000164	M.Sc. Nursing (Obstetric & Gynaecological)
24	Saniya Ansari	DD22113301108	SRHU22000910	B.Sc. Nursing
25	Rajat Kumar	DD231103302006	SRHU23000153	Post Basic B.Sc. Nursing
26	Manish Kumar	DD231109301008	SRHU23001298	B.Pharm 2023

4. Terms and Conditions

Sr. No.	Clause	Details
1.	Quorum	50% of the total members
2.	Tenure of the Club	Perpetual
3.	Tenure of the Chairperson	3 years
4.	Tenure of the Members	2-3 years
5.	Frequency of Meetings	Preferably <i>once per quarter</i> .
6.	Meeting Notice and Agenda	The member secretary with prior approval of Chairperson shall circulate the Meeting Notice and Agenda to all the members at least seven (7) working days prior to date of the meeting.
7.	Minutes of the Meeting	The Secretary records the minutes, which are signed by the Chairperson and Secretary. A signed copy is forwarded to members within three (3) working days of the meeting.
8.	Duties and function	(a) Planning and helping manage events at the University level in accordance with the spirit and ethos of the institute. (b) Promoting and arranging club activities to bring out the talents of students in performing the activities. (c) To plan and organize competitions at the University, Regional and State Level.
9.	Funding and Resources	a. Institutional budget allocation b. Donations and sponsorships
10.	Amendments	Any amendment to this club must be proposed in writing and approved by a two-thirds majority of the Club Committee.

13.	Parineeta tyagi	DD2114301104	SRHU22000629	MBBS
14.	Shivang Raghuraj	DD2114301126	SRHU22000651	MBBS
15.	Keshav Pande	DD2114301082	SRHU22000607	MBBS

4. Terms and Conditions

Sr. No.	Clause	Details
1.	Quorum	50% of the total members
2.	Tenure of the Club	Perpetual
3.	Tenure of the Chairperson	3 years
4.	Tenure of the Members	2-3 years
5.	Frequency of Meetings	<i>Preferably once per quarter.</i>
6.	Meeting Notice and Agenda	The member secretary with prior approval of Chairperson shall circulate the Meeting Notice and Agenda to all the members at least seven (7) working days prior to date of the meeting.
7.	Minutes of the Meeting	The Secretary records the minutes, which are signed by the Chairperson and Secretary. A signed copy is forwarded to members within three (3) working days of the meeting.
8.	Duties and function	a) To Promote the club activities b) Organize sessions for faculty to improve teaching delivery c) Host showcases and exhibitions of innovative classroom practices across SRHU
9.	Funding and Resources	a. Institutional budget allocation b. Donations and sponsorships
10.	Amendments	Any amendment to this club must be proposed in writing and approved by a two-thirds majority of the Club Committee.
11.	Dissolution	In the event of dissolution, the assets and liabilities of the Club shall be transferred to the Swami Rama Himalayan University.

5. Services Offered

- To Promote innovative teaching in the university
- To host workshop for innovative teaching methods
- To ensure advancement in teaching using innovative methods in existing curriculum



Sign. of Chairperson

Chairperson

Innovative Teaching Methods Club
Swami Rama Himalayan University



Sign. of Treasurer



Sign. of Member Secretary

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

NOTICE

INNOVATIVE TEACHING METHODS CLUB

(Academic & Professional Development Clubs)

SRHU/APDC/ITMC/2023/01

13th October 2023

This is to inform all students of the Himalayan Institute of Medical Sciences that an Interactive Workshop on Innovative Teaching Methods will be organized on **20th October 2023**. The event aims to enhance pedagogical skills, introduce modern teaching techniques, and promote creative and effective learning strategies among aspiring educators.

Details of the Event:

- Event : Interactive Workshop on Innovative Teaching Methods
- Date : 20th October 2023
- Time : 10:00 AM - 12:30 PM onwards
- Venue : Himalayan Institute of Medical Sciences
- Organized by : Innovative Teaching Methods Club, SRHU
- Eligibility : All students interested in education, teaching innovation, and professional development

Students are requested to register their names with the Club Coordinator or Class Representative by 19th October 2023. Active participation is highly encouraged.
For further details, please contact the Club Coordinator.

Learn, Innovate, and Transform Teaching!


Chairperson

Chairperson
Innovative Teaching Methods Club
Swami Rama Himalayan University

Copy to:-

Hon'ble President

Hon'ble Vice Chancellor

Director General (Academic Development)

Pro-Vice Chancellor

Registrar

Deans/Heads of the Constituent Academic Departments

Finance Officer

Members of the club-For necessary arrangements and action

} for kind information please

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

REPORT

Organized by : Innovative Teaching Method Club, Swami Rama Himalayan University
Date : 20th October 2023
Venue : Himalayan Institute of Medical Sciences
Time : 10:00Am –12:30 PM

The Innovative Teaching Method Club, Swami Rama Himalayan University organized an experiential learning session on “Johari Window: A Tool for Self and Interpersonal Awareness” was conducted on 20th December 2023 at the Himalayan Institute of Medical Sciences (HIMS). The session was facilitated by Dr. Neha Sharma and attended by M.Sc. Epidemiology students from the 2022 and 2023 batches. The workshop aimed to enhance self-awareness, improve communication, and foster interpersonal understanding among participants through reflection and peer interaction.

The session introduced students to the concept of the Johari Window model and its four quadrants Open, Hidden, Blind, and Unknown highlighting their relevance in personal and professional relationships. It encouraged participants to explore their personal strengths, blind spots, and unknown traits while improving communication through self-disclosure and honest peer feedback. Interactive exercises such as the peer-feedback circle and self-disclosure activity helped students compare how they perceive themselves with how others perceive them, leading to greater clarity and understanding of interpersonal dynamics.

Through structured interaction and guided reflection, the students experienced enhanced trust, empathy, and adaptability. They recognized how transparency and constructive feedback can help resolve conflicts and improve teamwork. Many participants reported that the exercises helped them identify emotional triggers, understand the impact of their behaviour on group dynamics, and develop strategies for self-regulation and effective collaboration. The session also encouraged participants to cultivate emotional intelligence and adaptability skills essential for success in both academic and professional settings.

Feedback from the participants was highly positive, with students describing the experience as “eye-opening,” “humbling,” and “powerful.” They appreciated the opportunity to gain deeper insight into how others perceive them and acknowledged the importance of honest feedback in personal growth. The session was rated as highly impactful for professional development, and many participants expressed interest in attending future workshops on emotional regulation, personality types, and conflict management.

Overall, the session on the Johari Window proved to be an enriching and reflective learning experience. It successfully met its objectives of fostering trust, self-awareness, and open communication among students, thereby contributing to the development of stronger team dynamics and emotionally intelligent healthcare professionals.


Dr. Juhi Kalra
Chairperson

Chairperson
Innovative Teaching Methods Club
Swami Rama Himalayan University

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

EVENT HIGHLIGHT



Students engaging in self-awareness exercises using the Johari Window model



Interactive session on personal development led by Dr. Neha Sharma

Juhi Kalra
Dr. Juhi Kalra
Chairperson

Chairperson
Innovative Teaching Methods Club
Swami Rama Himalayan University

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016



Interactive session on personal development

Juhi Kalra
Dr. Juhi Kalra
Chairperson

Chairperson
Innovative Teaching Methods Club
Swami Rama Himalayan University

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

NOTICE

INNOVATIVE TEACHING METHODS CLUB

(Academic & Professional Development Clubs)

SRHU/APDC/ITMC/2023/02

10th October 2023

This is to inform all students of the Himalayan Institute of Medical Sciences (HIMS) that an Interactive Workshop on Innovative Teaching Methods will be organized on **17th October 2023**. The event aims to enhance pedagogical skills, introduce modern teaching techniques, and promote creative and effective learning strategies among aspiring educators.

Details of the Event:

- Event : Interactive Workshop on Innovative Teaching Methods
- Date : 17th October 2023
- Time : 10:00 AM-12:30 PM onwards
- Venue : Himalayan Institute of Medical Sciences
- Organized by : Innovative Teaching Methods Club, SRHU
- Eligibility : All students interested in education, teaching innovation, and professional development

Students are requested to register their names with the Club Coordinator or Class Representative by **16th October 2023**. Active participation is highly encouraged.
For further details, please contact the Club Coordinator.

Learn, Innovate, and Transform Teaching!

Chairperson

Copy to:-

Hon'ble President

Hon'ble Vice Chancellor

Director General (Academic Development)

Pro-Vice Chancellor

Registrar

Deans/Heads of the Constituent Academic Departments

Finance Officer

Members of the club-For necessary arrangements and action

} for kind information please


Dr. Juhi Kalra
Chairperson

Innovative Teaching Methods Club
Swami Rama Himalayan University

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

REPORT

Organized by : Innovative Teaching Method Club, Swami Rama Himalayan University
Date : 17th October 2023
Venue : Himalayan Institute of Medical Sciences
Time : 10:00Am –12:30 PM

The Innovative Teaching Method Club, Swami Rama Himalayan University organized an organized a practical and interactive session titled “*Canva Application Learning and Its Techniques*” on 17th October 2023 at the Department Museum. The session was facilitated by Dr. Ashok Kumar Srivastava, Professor & Head, and Dr. Neha Sharma, Assistant Professor, and was attended by MBBS students and faculty members. The workshop aimed to equip students with essential digital and creative communication skills that extend beyond traditional medical education, fostering a balance between academic knowledge and modern-day technological competency.

In the evolving landscape of medical education, digital literacy and creative expression have become critical tools for effective communication, health promotion, and professional development. Recognizing this need, the session was designed to introduce participants to Canva, a free and user-friendly graphic design platform, and to familiarize them with the principles of visual communication for health education and research dissemination. The learning objectives included developing basic graphic design skills, enhancing digital literacy, promoting creativity, and encouraging students to apply design thinking to real-world public health communication.

The workshop was conducted in an interactive, hands-on format. It began with a live demonstration of the Canva interface, guiding students through account setup, dashboard navigation, and exploration of design templates. Participants were introduced to the fundamentals of design, including balance, contrast, alignment, and consistency, with practical examples. During the hands-on activity, students were divided into small groups and tasked with creating health awareness visuals such as posters or social media posts on themes like tuberculosis, menstrual hygiene, mental health, and vaccination. Interns with prior experience in Canva served as mentors, assisting participants with layout, colour schemes, and typography choices.

After the design activity, each group presented their creations during a peer review and feedback session, where faculty and fellow students offered constructive comments on design clarity, content accuracy, and creativity. The session concluded with a reflection round in which participants discussed how such tools could enhance their MBBS projects, community outreach campaigns, and future research presentations.

By the end of the session, students demonstrated the ability to confidently navigate Canva and create visually appealing, scientifically accurate health communication materials. They showcased improved understanding of audience-centered design and message clarity. Selected posters were compiled for departmental use in Information, Education, and Communication (IEC) activities, reflecting the practical applicability of the skills acquired.


Dr. Juhi Kalra
Chairperson

Chairperson
Innovative Teaching Methods Club
Swami Rama Himalayan University

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

The feedback from students was overwhelmingly positive. Many described the session as “fun, engaging, and highly useful,” noting that it helped them express ideas visually and recognize the importance of design in effective communication. Participants also expressed interest in learning related tools such as PowerPoint animation, Infogram, and video editing software for future academic and outreach activities. Their reflections included comments such as “*This was the most fun and useful non-clinical session so far,*” and “*I now realize how important design is for clarity and impact*”.

EVENT HIGHLIGHT



Display of student-designed health awareness materials



Hands-on training on Canva for health communication design

Juhi Kalra
Dr. Juhi Kalra

Chairperson

Chairperson

Innovative Teaching Methods Club
Swami Rama Himalayan University

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016



Discussion of ideas health communication design

Juhi Kalra
Dr. Juhi Kalra
Chairperson

Chairperson
Innovative Teaching Methods Club
Swami Rama Himalayan University