

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

Athletics Club (Sports & Fitness Clubs)

1. Introduction

The Athletics Club at SRHU fosters discipline, teamwork, and physical fitness through the sport of athletics. Rooted in the university's commitment to holistic development and excellence, the club provides a platform for character-building, sportsmanship, and vibrant community engagement.

2. Objectives

The objectives of the Club are:

- Enhance physical fitness, agility, and coordination through regular athletics training and matches.
- Cultivate leadership, communication, and team spirit through structured athletics practices and tournaments.
- Encourage inclusive participation in athletics to support all-round student development and build campus unity.
- Promote competitive performance and outreach through intra- and inter-university athletics competitions and friendly matches.

3. Club Committee

The Club shall be governed by a committee comprising the following members:

Composition	Affiliation with	Roles
Mr. Krishna Nand	Physical Instructor, SRHU	Chairperson
Mr. Shailendra Singh Sainwal	Assistant Professor, SMS	Treasurer
Dr. Prayank Sharma	Assistant Professor, SMS	Member Secretary
Mr. Nishant Singh-MBBS	Student, HIMS	Members (Student Coordinator)

Students Detail

S. No.	Student Name	Registration No.	Enrollment No.	Programme Name
1	Akansha Gupta	DD231105301054	SRHU23000332	B.Com (2023 Batch)
2	Harman Preet Singh	DD231105301070	SRHU23000348	B.Com (2023 Batch)
3	Priyanshu Bisht	DD231105301086	SRHU23000364	B.Com (2023 Batch)
4	Sunidhi Ramola	DD231105301102	SRHU23000380	B.Com (2023 Batch)
5	Divya Bhardwaj	DD231109301004	SRHU23001294	B.Pharm
6	Divyanshi Rawat	DD231109301005	SRHU23001295	B.Pharm
7	Kritika Baduni	DD231109301006	SRHU23001296	B.Pharm
8	Manish Kumar	DD231109301008	SRHU23001298	B.Pharm
9	Anmol Tyagi	DD231102302005	SRHU23000461	BMLT
10	Aarushi Rawat	DD231102305001	SRHU23000501	BPT

11	Aditya Raj	DD231102305002	SRHU23000502	BPT
12	Aisha Tanzeem	DD231102305003	SRHU23000503	BPT
13	Anjali Rawat	DD231102305004	SRHU23000504	BPT
14	Garvit Khurana	DD231102305009	SRHU23000509	BPT
15	Hardika Aggarwal	DD231102305010	SRHU23000510	BPT
16	Aman Kandari	DD231104301099	SRHU23001074	BCA
17	Ashish Rana	DD231104301100	SRHU23001075	BCA
18	Ayush Chauhan	DD231104301101	SRHU23001076	BCA
19	Siddhant Rawat	DD231104301102	SRHU23001077	BCA
20	Vansh Rawat	DD231104301103	SRHU23001078	BCA

4. Terms and Conditions

Sr. No.	Clause	Details
1	Quorum	50% of the total members
2	Tenure of the Club	Perpetual
3	Tenure of the Chairperson	3 years
4	Tenure of the Members	2-3 years
5	Frequency of Meetings	Preferably once per quarter
6	Meeting Notice and Agenda	Member Secretary (with Chairperson's approval) circulates the agenda at least 7 working days prior
7	Minutes of the Meeting	To be recorded and signed by Chairperson and Secretary; circulated within 3 working days
8	Duties and Functions	(a) Planning and managing athletics events at school/university level (b) Promoting club activities and talent development (c) Organizing competitions at University, Regional, and State levels
9	Funding and Resources	(a) Institutional budget allocation (b) Donations and sponsorships
10	Amendments	Require written proposal and approval by two-thirds majority of committee
11	Dissolution	Assets and liabilities to be transferred to SRHU

5. Services Offered

- Regular Coaching & Practice Sessions
- SRHU Athletics Cup & Campus League Matches for internal competition
- Representation and participation in Intra- and Inter-University Athletics Tournaments


Sign. of Chairperson


Sign. of Treasurer


Sign. of Member Secretary

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ATHLETICS CLUB (SPORTS & FITNESS CLUB)

NOTICE

22nd February, 2025

This is to bring to the notice of all students that the Inter-School Athletics Meet will be conducted on 1st March 2025 at the University Sports Ground. The meet is being organized to promote fitness, discipline, and the spirit of healthy competition among students of SRHU.

Event Details:

Event: Inter-School Athletics Meet (Boys & Girls)

Date: 1st March 2025

Venue: University Sports Ground


Organized by: Athletics Club, SRHU

Eligibility: All enrolled students from different schools of SRHU

Participants are advised to register their names with the Sports Coordinator or their Class Representative by 27th February 2025.

For details regarding event guidelines and heats, please contact the Sports Co-ordinator – Athletics Club.

Run with determination, jump with passion, and throw with power!



Mr. Shailendra Sainwal
(Member Secretary)



Mr. Krishna Nand
(Chairperson)

REPORT

INTER-SCHOOL ATHLETICS MEET

The Inter-School Athletics Meet was successfully organized by the Athletics Club of Swami Rama Himalayan University on 1st March 2025. The event aimed to encourage sports participation, enhance physical fitness, and foster discipline and healthy competition among students. The competition witnessed participation from various schools across SRHU.

The opening ceremony was graced by Dean Student Welfare, Dr. Vinit Mehrotra, and the Principal of Himalayan School of Management Studies, Dr. Mohit Verma, as the Chief Guests. In their address, they applauded the determination of the athletes, highlighted the importance of athletics in developing perseverance and teamwork, and motivated everyone to actively participate in sports.

The events were intense, featuring thrilling sprints, powerful throws, and remarkable jumps. The audience enjoyed spectacular performances across track and field events.

Mr. Rahul Negi from HSST was awarded the Best Athlete (Male) of the year 2024 with 17 points, while Ms. Simranjeet Kaur from HIMS (MBBS) was honored as the Best Athlete (Female) with 11 points.

The Chief Guests presented medals and certificates to all winners and praised their commitment and spirit.

List of Winners and Runner-up Teams

FINAL RESULTS YEAR- 2024 BEST ATHLETE (MALE & FEMALE) – 2024

Sr. No.	EVENTS	GOLD		SILVER		BRONZE	
1.	100m – Boys	RAHUL NEGI (HSST)		AMAN KHANTWAL (HSMS)		RAHIT RAWAT (HSMS)	
2.	100m – Girls	MAANYA SAXENA (MBBS, HIMS)		SUMOLI NEGI (HCN)		VANDANA (HSBS)	
3.	200m – Boys	RAHUL NEGI (HSST)		SATVIK (HSMS)		MOHAMMAD MOIN (HSPS)	
4.	200m – Girls	MAANYA SAXENA (MBBS, HIMS)		SUMOLI NEGI (HCN)		VANDANA (HSBS)	
5.	4x100 – Relay Boys	HS ST	RAHUL NEGI RAMESHWAR RUDRAKSH DEEPESH	HS MS	AMAN KHANTWAL SATWIK DIMRI DIVYANSH NAUTIYAL ROHIT RAWAT	HSP S	MOHAMMAD MOIN MOHAMMAD ALEEN MOHAMMAD AARISH

							MANISH KUMAR
6.	4x100 – Relay Girls	HC N	SUMOLI GUNSOLA SUMOLI NEGI MONIKA GWARI PRIYANKA RAWAT	HI MS	MAANYA SAXENA SIMRANJEET KAUR SAHILA JAIN HARSHITA GOEL	HSS T	MEHAK KRISHALI SITA VAISHNAVI YOGITA
7.	Long Jump – Boys	RAHUL NEGI (HSST)		ALOK RAWAT (HSYS)		DEEPESH (HSST)	
8.	Long Jump – Girls	SIMRANJEET KAUR (MBBS, HIMS)		MEGHNA (HCN)		PRERNA (HCN)	
9.	Short put – Boys	ABHISHEK SHARMA (MBBS, HIMS)		RAHUL NEGI (HSST)		PARITOSH TIWARI (HSMS)	
10.	Short put – Girls	SIMRANJEET KAUR (MBBS, HIMS)		MAANYA SAXENA (MBBS, HIMS)		ANANNYA TRIPATHI (MBBS, HIMS)	
11.	Discuss Throw – Boys	SHANTANU (HSST)		PANKAJ KUMAR (HCN)		AMAN NEGI (HSMS)	
12.	Discuss Throw – Girls	SIMRANJEET KAUR (MBBS, HIMS)		SUMOLI NEGI (HCN)		AMISHA (HSST)	
13.	Javelin throw -- Boys	RAHUL NEGI (HSST)		SOM BADOLA (HCN)		PRINCE MEHRA (HSST)	

BEST ATHLETE MALE – Mr. Rahul Negi, HSST Admission Year Batch – 2022 = 17 Point

BEST ATHLETE FEMALE – Ms. Simranjeet Kaur, HIMS (MBBS) Admission Year Batch – 2020 = 11 Point

Photographs of the event



