

# SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,  
Uttarakhand 248016

## DISASTER PREPAREDNESS & RESPONSE CLUB (Public Health, Social Welfare, & Community Outreach Clubs)

### 1. Introduction

The club is established to foster disaster awareness, preparedness, and resilience among students and local communities, especially in vulnerable hilly regions. Leveraging SRHU's curriculum, outreach centers, and institutional partnerships, the club enables learners to respond to emergencies with knowledge, sensitivity, and agility.

### 2. Objectives

The objectives of the Club are:

- Promote disaster risk literacy and safety awareness among students and rural populations
- Equip students with basic emergency response skills through mock drills and simulations
- Support SRHU's SDG-linked climate resilience efforts via participatory activities
- Integrate disaster management content from Environmental Studies and Public Health modules into club engagement
- Encourage collaboration with ASHA workers, outreach centers, and expert institutions for field experience

### 3. Club Committee

The Club shall be governed by a committee comprising the following members:

Composition	Roles
Dr. Rajeev Bijalwan, Deputy Director, RDI	Chairperson
Mr. Sunil Khanduri, Sr. Coordinator, RDI	Treasurer
Dr. Vibhor Sharma, Associate Professor, HSST	Member Secretary
Mr. Aayush Dhariwal, <u>B.Com</u> , HSMS	Member (Student Coordinator)

### Students Detail

S.No.	Student Name	Registration No.	Enrollment No.	Programme Name
1	Aayush Dhariwal	DD22112302001	SRHU22000092	B.Com
2	Priyanka	DD22115302010	SRHU22000484	B.Sc. (Hons) Microbiology
3	Shivani Jha	DD22115302011	SRHU22000485	B.Sc. (Hons) Microbiology
4	Ojasvi Gupta	DD22115301020	SRHU22000462	B.Sc. Biotechnology
5	Shatakshi Dangwal	DD23106301035	SRHU23000829	B.Sc. Biotechnology
6	Jiya Verma	DD23106302010	SRHU23000851	B.Sc. Microbiology
7	Khushi	DD22113301057	SRHU22000859	B.Sc. Nursing
8	Tamanna Naithani	DD22113301134	SRHU22000936	B.Sc. Nursing
9	Yashika Gupta	DD231107301021	SRHU23000186	B.Sc. YSHH
10	Tamanna Gairola	DD22112301039	SRHU22000083	BBA
11	Rohit Rawat	DD231105301089	SRHU23000367	BBA
12	Tejender Kaur	DD231105301103	SRHU23000381	BBA
13	Narendra Singh	DD22111301025	SRHU22000358	BCA



14	Neha Rawat	DD22111301026	SRHU22000359	BCA
15	Priyanshu Kushwha	DD22111301028	SRHU22000361	BCA
16	Abhishek Payal	DD231104301095	SRHU23001070	BCA
17	Reena	DD231104301096	SRHU23001071	BCA
18	Rishabh Bhandari	DD22111301030	SRHU22000363	BCA
19	Mehak Krishali	DD231104301006	SRHU23000982	BCA
20	Ayush	DD231104301124	SRHU23001099	BCA
21	Manoj Saini	DD22114303015	SRHU22000215	BMLT
22	Riya Chaudhary	DD22114306017	SRHU22000187	BPT
23	Shailja Sharma	DD22114306023	SRHU22000193	BPT
24	Armaan Kumar Singh	DD22114307004	SRHU22000233	BRIT
25	Gaurav	DD22114308007	SRHU22000260	BRT
26	Naved Choudhary	DD22114308008	SRHU22000261	BRT
27	Km. Kirtee Saini	DD23106503002	SRHU23000883	M.Sc. Microbiology
28	Radhika Aggarwal	DD22114522011	SRHU22000155	MPT (Ortho)
29	Riya Jain	DD22114522012	SRHU22000156	MPT (Ortho)
30	Saloni Yadav	DD22114522013	SRHU22000157	MPT (Ortho)

#### 4. Terms and Conditions

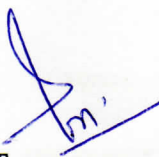
Sr. No.	Clause	Details
1.	<b>Quorum</b>	50% of the total members
2.	<b>Tenure of the Club</b>	Perpetual
3.	<b>Tenure of the Chairperson</b>	3 years
4.	<b>Tenure of the Members</b>	2-3 years
5.	<b>Frequency of Meetings</b>	<i>Preferably once per quarter.</i>
6.	<b>Meeting Notice and Agenda</b>	The member secretary with prior approval of Chairperson shall circulate the Meeting Notice and Agenda to all the members at least seven (7) working days prior to date of the meeting.
7.	<b>Minutes of the Meeting</b>	The Secretary records the minutes, which are signed by the Chairperson and Secretary. A signed copy is forwarded to members within three (3) working days of the meeting.
8.	<b>Duties and function</b>	<ul style="list-style-type: none"> <li>a) Conduct disaster preparedness workshops with RDI's WASH trainers.</li> <li>b) Facilitate student participation in SRHU-led exposure visits to emergency response labs (e.g., IIT Roorkee)</li> <li>c) Partner with NSS, ASHA workers, and local Panchayats for community-level disaster education.</li> <li>d) Create and distribute IEC content in local languages for awareness on floods, landslides, and earthquake safety.</li> </ul>
9.	<b>Funding and Resources</b>	<ul style="list-style-type: none"> <li>a. Institutional budget allocation</li> <li>b. Donations and sponsorships</li> </ul>
10.	<b>Amendments</b>	Any amendment to this club must be proposed in writing and approved by a two-thirds majority of the Club Committee.
11.	<b>Dissolution</b>	In the event of dissolution, the assets and liabilities of the Club shall be transferred to the Swami Rama Himalayan University.

## 5. Services Offered:

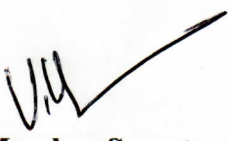
- Organize mock drills, fire safety sessions, and hostel evacuation exercises.
- Observe National Disaster Day and World Environment Day through awareness rallies and exhibitions.
- Participate in SRHU's WASH programs and seminars on sanitation during emergencies.
- Collaborate with Environmental Studies faculty to integrate resilience-building projects.
- Support SRHU's outreach centers (e.g., RHTC Kurkawala) for disaster mapping and early warning awareness.
- Create short educational videos and posters in Hindi/Garhwali about local disaster risks and community actions.



**Sign. of Chairperson**



**Sign. of Treasurer**



**Sign. of Member Secretary**



# SWAMI RAMA HIMALAYAN UNIVERSITY

JOLLYGRANT, DEHRADUN

## DISASTER PREPAREDNESS & RESPONSE CLUB

Date: 13<sup>th</sup> September 2024

### Notice

#### Specialist Health Camp

The Disaster Preparedness & Response Club is organizing a Specialist Health Camp at Lakhwar village of Kalsi block of Dehradun as per the following schedule:

**Date:** 16<sup>th</sup> September, 2024

**Time:** 11:00 AM

**Place:** Lakhwar village, Kalsi block, Dehradun

Mr. Sunil Khanduri, Treasurer, Disaster Preparedness & Response Club, will coordinate activity along with the members of the club, faculty, and staff as per the above-mentioned schedule.

**Dr. Rajeev Bijalwan**

Chairperson  
Rural Health & Primary Care Club,  
SRHU



## Report

**Name of activity** – Specialist Health Camp

**Date**- 16/09/2024

**Location** – Lakhwar village of Kalsi, Dehradun

**Beneficiaries** – 124

**Event Coordinator** – Mr. Sunil Khanduri and club members

**Organized by:** Disaster Preparedness & Response Club

### Summary:

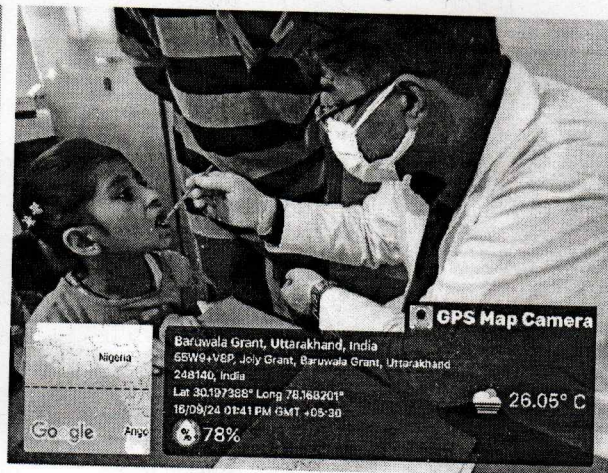
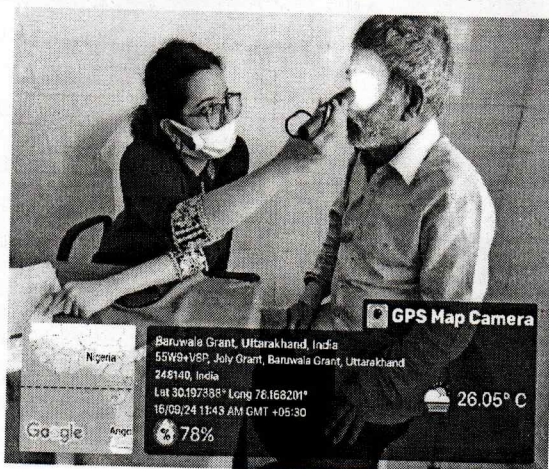
The Rural Development Institute, Swami Rama Himalayan University, organized a multi-specialist health camp at Lakhwar village in Kalsi block of Dehradun district. The initiative was conducted under the banner of the Disaster Preparedness & Response Club, reflecting the university's strong commitment to strengthening primary health care services in the remote and tribal regions of Uttarakhand.

The camp was designed to bridge the gap in healthcare access for rural and tribal populations who often face challenges such as distance, lack of resources, and limited availability of specialist services. A team of medical experts and support staff provided comprehensive diagnostic and curative services during the camp.

The range of services included general medical examinations, eye check-ups, dental consultations, risk assessments, and basic health investigations such as blood pressure measurement, height, and weight assessment. A total of 124 patients from the village and surrounding areas availed themselves of the services. Among them, 27 were gynecology patients, 70 received eye care services, and 27 sought dental consultations.

In addition to clinical services, patients were provided with free medicines as per their diagnosis. For cases requiring specialized or advanced care, referrals to higher health facilities were made, ensuring continuity of treatment.

The camp not only addressed immediate health needs but also raised awareness about the importance of preventive care, early diagnosis, and regular health check-ups. It demonstrated the value of bringing healthcare directly to underserved communities and reinforced RDI's mission to improve community health, resilience, and well-being in the Himalayan region.



*Chairperson*



# SWAMI RAMA HIMALAYAN UNIVERSITY

JOLLYGRANT, DEHRADUN

## DISASTER PREPAREDNESS & RESPONSE CLUB

Date: 2<sup>nd</sup> January 2025

### Notice

### Workshop on Cardio Pulmonary Resuscitation (CPR) & Health Emergencies

The Disaster Preparedness & Response Club is organizing a one-day workshop on CPR & Health Emergencies for front line health workers as per the following schedule:

**Date:** 6<sup>th</sup> January, 2025

**Time:** 10:00 AM

**Place:** PHC Kalsi

Mr. Sunil Khanduri, Treasurer, Disaster Preparedness & Response Club, will coordinate activity along with the members of the club, faculty, and staff as per the above-mentioned schedule.

**Dr. Rajeew Bijalwan**  
Chairperson

Rural Health & Primary Care Club,  
SRHU



## Report

**Name of activity** – Workshop on CPR & Health Emergencies

**Date-** 06/01/2025

**Location** – PHC Kalsi

**Beneficiaries** – 85

**Event Coordinator** – Mr. Sunil Khanduri, Dr. Neha Sharma, Mr. Ravindra Verma and club members

**Organized by:** Disaster Preparedness & Response Club

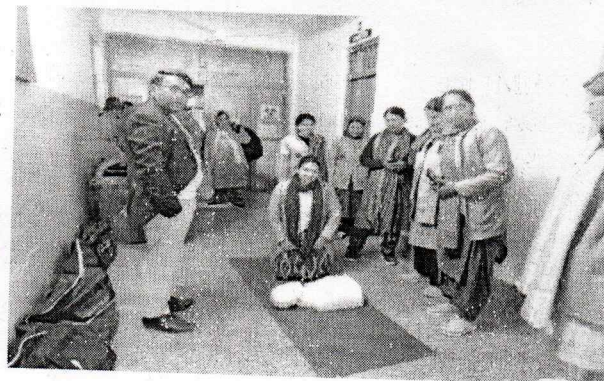
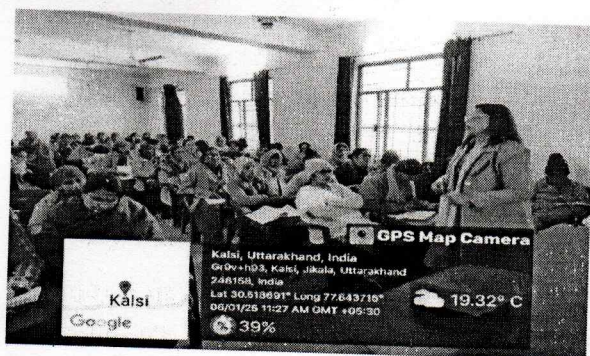
### Summary:

The Rural Development Institute (RDI), Swami Rama Himalayan University, organized a comprehensive workshop on Cardiopulmonary Resuscitation (CPR) and Health Emergencies for ASHAs and ASHA Facilitators at the Primary Health Centre (PHC), Kalsi, Dehradun district. The program was conducted under the banner of the Disaster Preparedness & Response Club, reflecting the university's commitment to strengthening community preparedness and building the capacity of grassroots health workers.

The workshop aimed to orient frontline health workers on critical life-saving skills, particularly CPR, which is essential for providing immediate assistance during cardiac arrest and road traffic accidents. Alongside CPR training, the sessions also covered the management of other common health emergencies encountered in rural communities, such as injuries, fainting, and first aid response.

In addition, a dedicated session was conducted on Menstrual Hygiene Management (MHM). This discussion focused on breaking myths and taboos associated with menstruation, raising awareness on safe practices, and familiarizing ASHAs with different menstrual hygiene products. The inclusion of MHM in the workshop emphasized the importance of empowering community health workers with knowledge to address both emergency health situations and everyday health challenges faced by women in rural areas.

Through this initiative, RDI provided practical, hands-on training and knowledge-sharing opportunities that will enable ASHAs and ASHA Facilitators to respond more effectively in times of emergency while also strengthening their role as health educators in their communities.



Chairperson