

SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,
Uttarakhand 248016

INDOOR CLUB (Sports & Fitness Clubs)

1. Introduction

The **Indoor Club** at SRHU offers students a fun and relaxing space to engage in indoor games and recreational activities that promote mental wellness, focus, and social interaction. From chess and carrom to table tennis and board games, the club encourages friendly competition, teamwork, and stress relief alongside academics.

2. Objectives

The objectives of the Club are:

- Promote mental relaxation and stress relief through recreational indoor activities.
- Enhance focus, strategy, and concentration via games like chess and carrom.
- Foster teamwork and healthy competition among students.
- Encourage active participation in non-academic co-curricular engagement.

3. Club Committee

The Club shall be governed by a committee comprising the following members:

Composition	Roles
Mr. Chandan Kumar	Chairperson
Mr. Ankit Singh	Treasurer
Ms. Namrata Pundir	Member Secretary
Mr. Abhyuday S Kalura	Club Coordinator
Student (15 Students - preferably ONE student from each AU), One of them shall be designated as student coordinator	Member

Students Detail

S.No.	Student Name	Registration No.	Enrolment No.	Programme Name
1	Ananya Bisht	DD2113302014	SRHU21000456	B.Sc. Nursing
2	Suman Kala	DD2113302132	SRHU21000574	B.Sc. Nursing
3	Abhyuday S Kalura	DD2113302005	SRHU21000447	B.Sc. Nursing
4	Shivangi Bisht	DD22113301113	SRHU22000915	B.Sc. Nursing

5	Sumoli Gunsola	DD22113301132	SRHU22000934	B.Sc. Nursing
6	Tsering Yangchen	DD22113301137	SRHU22000939	B.Sc. Nursing
7	Sikha Rawat	DD22113301124	SRHU22000926	B.Sc. Nursing
8	Reshav Ramola	DD22113301099	SRHU22000901	B.Sc. Nursing
9	Suhel	DD2211301070	SRHU22000872	B.Sc. Nursing
10	Shubham Negi	DD22113301122	SRHU22000924	B.Sc. Nursing
11	Upasana Rawat	DD231103301140	SRHU23000142	B.Sc. Nursing
12	Seema Panwar	DD231103301109	SRHU23000111	B.Sc. Nursing
13	Saksham Tomar	DD231103301100	SRHU23000102	B.Sc. Nursing
14	Mayank Chauhan	DD231103301067	SRHU23000069	B.Sc. Nursing
15	Kunga Kherab	DD231103301060	SRHU23000062	B.Sc. Nursing

*Note: Preferred roles in the clubs is defined by Club coordinator

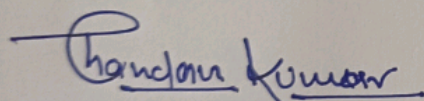
4. Terms and Conditions

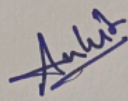
Sr. No.	Clause	Details
1.	Quorum	50% of the total members
2.	Tenure of the Club	Perpetual
3.	Tenure of the Chairperson	3 years
4.	Tenure of the Members	2-3 years
5.	Frequency of Meetings	<i>Preferably once per quarter.</i>
6.	Meeting Notice and Agenda	The member secretary with prior approval of Chairperson shall circulate the Meeting Notice and Agenda to all the members at least seven (7) working days prior to date of the meeting.
7.	Minutes of the Meeting	The Secretary records the minutes, which are signed by the Chairperson and Secretary. A signed copy is forwarded to members within three (3) working days of the meeting.
8.	Duties and function	(a) Planning and helping manage cricket events at the University level in accordance with the spirit and ethos of the institute. (b) Promoting and arranging club activities to bring out the talents of students in the performing the tasks. (c) To plan and organize competitions at the University.

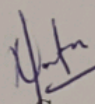
9.	Funding and Resources	a. Institutional budget allocation b. Donations and sponsorships
10.	Amendments	Any amendment to this club must be proposed in writing and approved by a two-thirds majority of the Club Committee.
11.	Dissolution	In the event of dissolution, the assets and liabilities of the Club shall be transferred to the parent institution (SRHU).

5. Services Offered (Suggested Activities can be added more activities)

- **Chess & Board Games** – Boost focus and strategy through chess, carrom, and ludo matches.
- **Indoor Sports Matches** – Organize table tennis, badminton, and mini-volleyball games.
- **Game Fests** – Host inter-club multi-game competitions for fun and collaboration.
- **Puzzle & Quiz Corners** – Engage minds with brain games and quizzes.


Chairperson


Treasurer


Member Secretary