

# SWAMI RAMA HIMALAYAN UNIVERSITY

Swami Ram Nagar, Jolly Grant,  
Uttarakhand 248016

## RURAL HEALTH & PRIMARY CARE CLUB (Public Health, Social Welfare, & Community Outreach Clubs)

### 1. Introduction

The Rural Health & Primary Care Club at SRHU connects students with grassroots healthcare through immersive learning, outreach, and service. Anchored in SRHU's collaboration with RDI and local government bodies, the club promotes equitable access to primary care, strengthens community health systems, and empowers students to become agents of rural health transformation.

### 2. Objectives

The objectives of the Club are:

- Promote awareness of rural health challenges and primary care systems
- Support SRHU's outreach through RDI and field practice centers (RHTC, UHTC)
- Facilitate student involvement in health camps, surveys, and IEC activities in underserved areas
- Encourage documentation and replication of SRHU's rural health models across institutions

### 3. Club Committee

The Club shall be governed by a committee comprising the following members:

Composition	Roles
Dr. Rajeev Bijalwan, Deputy Director, RDI	Chairperson
Mr. Ravindra Verma, Deputy Manager, RDI	Treasurer
Dr. Vidisha Vallabh, Associate Professor, HIMS	Member Secretary
Aditya Bhandari, B.Sc. YSHH, HSYS	Member (Student Coordinator)

### Students Detail

S.No.	Student Name	Registration No.	Enrollment No.	Programme Name
1	Esha Baunthiyal	DD2113302048	SRHU21000490	B.Sc. Nursing
2	Eshita	DD2113302049	SRHU21000491	B.Sc. Nursing
3	Gunjan	DD2113302050	SRHU21000492	B.Sc. Nursing
4	Sheetal	DD2113302115	SRHU21000557	B.Sc. Nursing
5	Anjali Rawat	DD22113301014	SRHU22000816	B.Sc. Nursing
6	Manpreet Saini	DD22113301064	SRHU22000866	B.Sc. Nursing
7	Shaurya Massey	DD22113301112	SRHU22000914	B.Sc. Nursing
8	Shivani Rana	DD22113301114	SRHU22000916	B.Sc. Nursing
9	Vanshika	DD22113301142	SRHU22000944	B.Sc. Nursing
10	Versha Rani	DD22113301143	SRHU22000945	B.Sc. Nursing
11	Mahendra Choudhary	DD22118301019	SRHU22000025	B.Sc. YSHH

12	Oshi Rawat	DD231107301020	SRHU23000185	B.Sc. YSHH
13	Aditya Bhandari	DD231107301048	SRHU23000213	B.Sc. YSHH
14	Shilpi	DD231104303009	SRHU23000933	B.Tech. CSE
15	Aman Negi	DD231105301057	SRHU23000335	BBA
16	Mohd. Suhel Momin	DD231105301081	SRHU23000359	BBA
17	Aman Rawat	DD22111301004	SRHU22000337	BCA
18	Kanchan Krishali	DD22111301021	SRHU22000354	BCA
19	Aryan Negi	DD22111301011	SRHU22000344	BCA
20	Pravesh	DD22114303020	SRHU22000220	BMLT
21	Priya Jhinkwan	DD22114303021	SRHU22000221	BMLT
22	Mitali	DD231102306019	SRHU23000547	BRIT
23	Nahid	DD231102306020	SRHU23000548	BRIT
24	Visharad Gupta	DD2114301145	SRHU21000757	MBBS
25	Vrinda Agarwal	DD2114301146	SRHU21000758	MBBS
26	Yakshita Bansal	DD2114301147	SRHU21000759	MBBS
27	Pranshu Rajpoot	DD231101513007	SRHU23001230	MD (Pathology)
28	Shagun Sehgal	DD231101513008	SRHU23001231	MD (Pathology)
29	Rishabh Arora	DD231101514001	SRHU23001232	MD (Pharmacology)
30	Yash Anand	DD231101514002	SRHU23001233	MD (Pharmacology)
31	Km. Tanu Chauhan	DD22114522005	SRHU22000150	MPT (Ortho)
32	Mansi Pandey	DD22114522006	SRHU17000225*	MPT (Ortho)
33	Muskan Jain	DD22114522029	SRHU22000168	MPT(Neuro)

#### 4. Terms and Conditions

Sr. No.	Clause	Details
1.	<b>Quorum</b>	50% of the total members
2.	<b>Tenure of the Club</b>	Perpetual
3.	<b>Tenure of the Chairperson</b>	3 years
4.	<b>Tenure of the Members</b>	2-3 years
5.	<b>Frequency of Meetings</b>	<i>Preferably once per quarter.</i>
6.	<b>Meeting Notice and Agenda</b>	The member secretary with prior approval of Chairperson shall circulate the Meeting Notice and Agenda to all the members at least seven (7) working days prior to date of the meeting.
7.	<b>Minutes of the Meeting</b>	The Secretary records the minutes, which are signed by the Chairperson and Secretary. A signed copy is forwarded to members within three (3) working days of the meeting.
8.	<b>Duties and function</b>	<ul style="list-style-type: none"> <li>a) Organize field visits and immersion programs in SRHU's adopted villages and outreach centers</li> <li>b) Collaborate with RDI and Community Medicine departments for health promotion and capacity building</li> </ul>

		c) Coordinate student participation in national health campaigns (e.g., Pulse Polio, TB Elimination, Measles-Rubella) d) Document and showcase SRHU's replicable rural health practices (e.g., geriatric clinics, adolescent peer models, TB nutrition kits)
9.	<b>Funding and Resources</b>	a. Institutional budget allocation b. Donations and sponsorships
10.	<b>Amendments</b>	Any amendment to this club must be proposed in writing and approved by a two-thirds majority of the Club Committee.
11.	<b>Dissolution</b>	In the event of dissolution, the assets and liabilities of the Club shall be transferred to the Swami Rama Himalayan University.

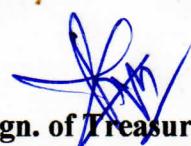
##### **5. Services Offered:**

- Conduct health camps at RHTC Kurkawala, UHTC Rishikesh, and CHC Doiwala
- Lead IEC drives on sanitation, nutrition, and immunization in adopted villages
- Organize guest talks by NHM officials and rural health experts
- Facilitate student immersion programs at SRHU's field practice centers
- Create health equity posters for rural outreach and campus awareness
- Document TB patient support initiatives and SRHU's Nikshay Mitra involvement
- Celebrate National Health Days with village communities and health workers
- Host simulation-based primary care sessions at SRHU skill labs
- Conduct surveys on maternal health, child nutrition, and access to services
- Partner with Panchayats and ASHA workers for joint awareness campaigns
- Build replication toolkits for SRHU's geriatric-friendly and adolescent peer models
- Develop and distribute IEC materials tailored for rural populations
- Promote student-led rural health mini-projects with measurable outcomes
- Organize mobile outreach for hearing, vision, and screening camps

Sign. of Chairperson



Sign. of Treasurer



Sign. of Member Secretary



**SWAMI RAMA HIMALAYAN UNIVERSITY**  
**JOLLYGRANT, DEHRADUN**

**RURAL HEALTH & PRIMARY CARE CLUB**

Date: 4<sup>th</sup> February 2025

**Notice**

**School Health Camp**

The Rural Health & Primary Care Club is organizing a School Health Camp as per the following schedule:

**Date:** 5<sup>th</sup> February, 2025

**Time:** 10:30 AM

**Place:** Government Primary School Bongla-1st , Bahadarabad, Haridwar

Dr. Vidisha Vallabh, Secretary, Rural Health & Primary Care Club along with faculty members and students will coordinate the camps as per above-mentioned schedule.

  
**Dr. Rajeev Rjalwan**  
Chairperson  
Rural Health & Primary Care Club,  
SRHU

## Report

**Name of activity** – School Health Camp

**Date** - 05/02/2025

**Location** – Government Primary School Bongla-1st , Bahadarabad, Haridwar

**Beneficiaries** – 45

**Activity Coordinator** – Dr. Vidisha Vallabh, Dr. Vivek Singh, Ms. Sheetal and club members

**Organized by**: Rural Health & Primary Care Club

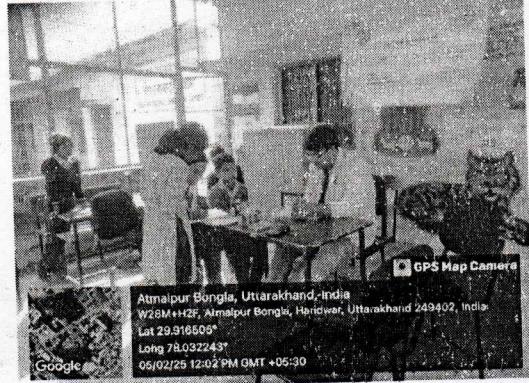
### **Summary:**

The Rural Development Institute (RDI), Swami Rama Himalayan University, organized a school health camp at Government Primary School, Bongal-1st, in Bahadrabad block of Haridwar district. The camp was conducted under the initiative of the Rural Health & Primary Care Club, with the objectives of screening children for potential health issues and raising awareness on health and hygiene practices among rural schoolchildren.

The program placed special emphasis on promoting overall well-being and sensitizing students to the importance of adopting healthy lifestyle practices from an early age. A series of interactive activities were carried out, including comprehensive health check-ups, dental care awareness sessions, and live demonstrations of proper hand-washing techniques.

Beyond medical services, the camp also served as an educational platform. Students actively participated in discussions on the significance of personal hygiene, balanced nutrition, and regular physical exercise, equipping them with knowledge that can positively influence their long-term health.

By combining preventive health services with awareness-building activities, the camp not only addressed immediate health concerns but also empowered children to take responsibility for their own well-being, thereby fostering the vision of healthier schools and stronger rural communities.



  
Chairperson

**SWAMI RAMA HIMALAYAN UNIVERSITY**  
**JOLLYGRANT, DEHRADUN**

**RURAL HEALTH & PRIMARY CARE CLUB**

Date: 17<sup>th</sup> October 2024

**Notice**

**TB Screening and Nutrition Kit Distribution Camp**

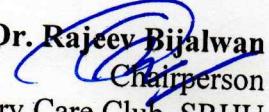
The Rural Health & Primary Care Club is organizing a TB Screening and Nutrition Kit Distribution Camp as per following schedule:

**Date:** 19<sup>th</sup> October, 2024

**Time:** 10:30 AM

**Place:** CHC Bahadrabad, Haridwar

Mr. Ravindra Veram, Treasurer, Rural Health & Primary Care Club along with faculty members and students will conduct the camps as per above-mentioned schedule.

  
**Dr. Rajeev Bijalwan**  
Chairperson  
Rural Health & Primary Care Club, SRHU

## Report

**Name of activity** - Screening and Nutrition Kit Distribution Camp for TB Cases

**Date** - 19/10/2024

**Location** – CHC Bhadrabad

**Beneficiaries** – 100

**Activity Coordinator** – Mr. Ravindra Verma, Mrs. Pawandeep Kaur, Mr. Gajendra Rawat, Dr. Lakshay, Ms. Mansi, and Ms. Mishika (MBBS Intern)

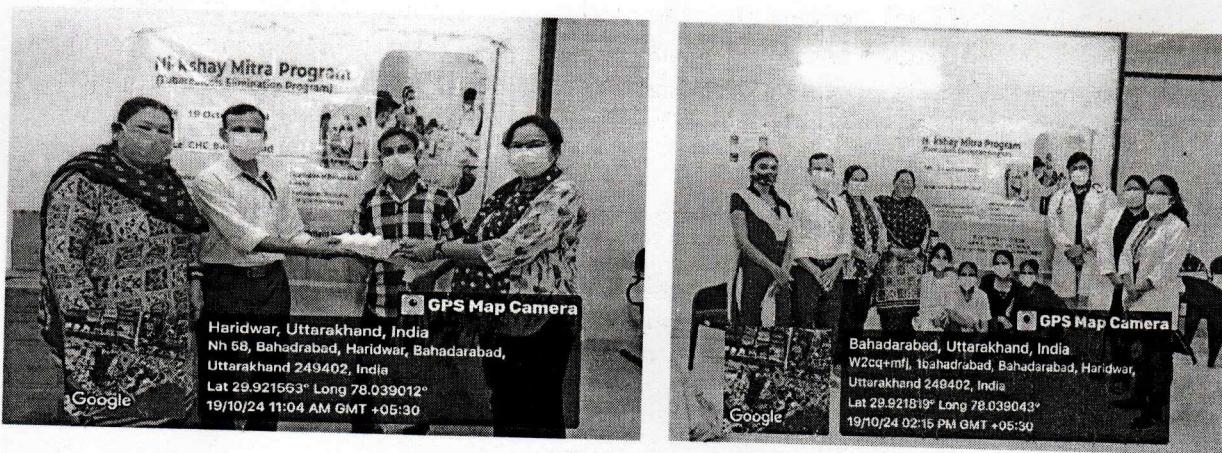
**Organized by:** Rural Health & Primary Care Club

### Summary:

Rural Development Institute and the Departments of Pulmonary Medicine and Community Medicine of HIMS, Swami Rama Himalayan University, organized a TB Screening camp at CHC Bahadrabad on 9<sup>th</sup> October 2024. The camp was part of Rural Health & Primary Care Club's initiative to strengthen community-based TB care and support services.

The program provided a comprehensive package of health services for TB patients, including growth monitoring, detailed medical check-ups, and one-on-one counselling sessions aimed at improving treatment adherence and overall well-being. Patient information was systematically collected using a structured online form to support data-driven follow-up and care planning.

As part of the nutritional support component, protein-rich food kits were distributed to all TB patients attending the camp, with the goal of enhancing their immunity and recovery outcomes. The initiative reflected a multi-stakeholder approach to TB elimination, combining clinical care, nutritional support, and health education at the grassroots level. Field level mobilization of patients was done by the volunteers of AAS organization at field level.



*Chairperson*  
*Ray*