



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Department of Ophthalmology Himalayan Institute of Medical Sciences

Report on Eye Health Promotion Program at Badhapur, Mandawar, Inter College Badhapur, Distt Bijnor

Organized by: Department of Ophthalmology, Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU)

Overview

The Department of Ophthalmology, HIMS, SRHU conducted a series of Eye Health Promotion Programs across different locations in District Bijnor. These outreach activities aimed at improving awareness regarding eye care, identifying vision-related issues, and providing preliminary screening services to the local community. A total of *three outreach activities* were conducted between January and April 2025.

Summary of Activities

| Place | Date of Activity | Number of Participants |
|--|------------------|------------------------|
| Badhapur, Bijnor | 02 Jan 2025 | 2 |
| Mandawar, Bijnor | 13 Feb 2025 | 2 |
| Inter College, Badhapur, Distt. Bijnor | 23 Apr 2025 | 2 |

Purpose of the Program

- To promote awareness about eye health among school and community members.
- To identify individuals with early signs of visual impairment.
- To guide and refer individuals to higher centers when required.
- To provide field exposure and learning opportunities for participating students.

Activities Conducted

At each location, the following activities were carried out:

- Vision screening using standard ophthalmic charts.

- Basic examination for refractive errors and general eye problems.
- Counseling on eye hygiene, preventive eye care, and the importance of regular check-ups.
- Referral advice for suspected cases requiring further evaluation at HIMS.

Student Participation

Two students participated in each outreach activity. They were involved in screening, registration, documentation, and assisting the ophthalmology team. Their participation contributed to hands-on learning in community ophthalmology.

Outcomes of the Program

- Improved awareness on eye health among students and residents.
- Identification of several individuals with potential vision issues.
- Strengthened community–institution linkage for eye-care services.
- Enhanced practical learning for the participating students.

Conclusion

The Eye Health Promotion Program successfully reached multiple locations in District Bijnor, contributing to community awareness and early detection of eye-related issues. The initiative by the Department of Ophthalmology, HIMS, SRHU continues to play a vital role in promoting preventive ophthalmology and community eye health. Future activities are recommended to further expand coverage and impact.



“Hands-on learning in action — students checking vitals at Jagir Gulam”



Participants taking benefits of Camp



"Health, service, and learning at Bijnor Uttar Pradesh

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Dr Renu Dhasmana
Prof & Head
Deapartment of Ophthalmology

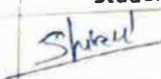

Dr. Renu Dhasmana
Professor & Head
Department of Ophthalmology
HIMS, Dehradun

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences

Activity: Eye Health Promotion Program

List of students participated in the activity

Dated: 21/01/2025

| S. No. | Registration No. | Student's Name | Signature of Student |
|--------|------------------|----------------|--|
| 1. | DD2119353004 | Shivani |  |
| 2. | DD2114353002 | Simran |  |
| 3. | | | |
| 4. | | | |
| 5. | | | |

Dr. Harsh Sahadur
Regn.No. UKMC-2254
Coordinator

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Eye Health Promotion Program
List of students participated In the activity

Dated: 13/02/25

| S. No. | Registration No. | Student's Name | Signature of Student |
|--------|------------------|----------------|----------------------|
| 1. | DD2114353004 | Shivani | Shivani |
| 2. | DD2114353001 | Priyanka | Priyanka |
| 3. | | | |
| 4. | | | |
| 5. | | | |


Dr. Harsh Bahadur
Registration No. C-2264

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Eye Health Promotion Program
List of students participated in the activity

Dated: 23/04/25

| S. No. | Registration No. | Student's Name | Signature of Student |
|--------|------------------|-----------------|----------------------|
| 1. | DD2114353002 | Simran Bhandari | Simran |
| 2. | DD22214304002 | Shilpa Singh | Shilpa |
| 3. | | | |
| 4. | | | |
| 5. | | | |

Coordinator

Dt. Harsh Bahadur
Regn.No. UKMC-2264