



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Department of Ophthalmology Himalayan Institute of Medical Sciences

Report on Ophthalmic Outreach Activity at CHC Baleshwar, Tehri Garhwal

Organized by: Department of Ophthalmology,
Himalayan Institute of Medical Sciences (HIMS),
Swami Rama Himalayan University (SRHU)

1. Overview

The Department of Ophthalmology conducted **Ophthalmic Outreach Camps** at Community Health Centre (CHC) Baleshwar, Tehri Garhwal, aimed at improving eye-health services in rural hilly regions.

The camps focused on vision screening, patient counselling, and identification of individuals requiring advanced ophthalmic care.

2. Summary of Activities

Place	Date	No. of Participants
Ophthalmic Outreach Camp at CHC Baleshwar, Tehri Garhwal	25 Mar 2025	1
Ophthalmic Outreach Camp at CHC Baleshwar, Tehri Garhwal	24 Jun 2024	2

3. Objectives

- To conduct comprehensive vision screening for the local population.
- To identify refraction errors, cataract, and other ocular issues.
- To enhance awareness on eye care and prevention of vision impairment.
- To strengthen community ophthalmology exposure for students.

4. Activities Undertaken

- Visual acuity testing
- Preliminary eye examination

- Counseling on eye hygiene, nutrition, and preventive measures
- Referral of suspected cases for detailed evaluation at Himalayan Hospital
- Community awareness sessions

5. Student Participation

A total of **3 student participants** took part across the two camps.

They actively assisted in screening, documentation, community interaction, and patient counselling.

6. Outcomes

- Benefited local residents with accessible eye-screening services.
- Identified individuals requiring further investigation and treatment.
- Enhanced awareness among the rural population regarding preventable eye diseases.
- Provided hands-on experience to participating students.

7. Conclusion

The Ophthalmic Outreach Camps at CHC Baleshwar, Tehri Garhwal successfully strengthened eye-care services in underserved areas.

The Department of Ophthalmology, HIMS, SRHU remains committed to promoting community eye health through such regular outreach initiatives.

Glimpse of Event



Counselling of patients for eye care



Beneficiaries of the camp

Renu

Dr Renu Dhasmana
Prof & Head
Department of Ophthalmology

Dr. Renu Dhasmana
Professor & Head
Department of Ophthalmology
HIMS, Dehradun

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Ophthalmic Outreach Camp
List of students participated in the activity

Dated: 24.06.24 .

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2014353003	Jankhadi Negi	Jankhadi
2.	DD2024353001	Dhyanesh Tiwari	Dhyanesh
3.			
4.			
5.			



Coordinator


Dr. Harsh Bahadur
Regn.No. UKMC-2264

Dr. Harsh Bahadur
Professor
Department of Ophthalmology
Himalayan Institute Hospital Trust
Jolly Grant, Dehra Dun

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Ophthalmic Outreach Camp
List of students participated in the activity

Dated: 25/03/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	0022214364001	Amisho	
2.			
3.			
4.			
5.			


Dr. G. N. Bahadur
Regn.No. UKMC-2264