



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Department of Ophthalmology Himalayan Institute of Medical Sciences

### Report on Ophthalmic Outreach Activity at CHC Baleshwar, Tehri Garhwal

**Organized by:** Department of Ophthalmology,  
Himalayan Institute of Medical Sciences (HIMS),  
Swami Rama Himalayan University (SRHU)

#### 1. Overview

The Department of Ophthalmology conducted **Ophthalmic Outreach Camps** at Community Health Centre (CHC) Baleshwar, Tehri Garhwal, aimed at improving eye-health services in rural hilly regions.

The camps focused on vision screening, patient counselling, and identification of individuals requiring advanced ophthalmic care.

#### 2. Summary of Activities

Place	Date	No. of Participants
Ophthalmic Outreach Camp at CHC Baleshwar, Tehri Garhwal	25 Mar 2025	1
Ophthalmic Outreach Camp at CHC Baleshwar, Tehri Garhwal	24 Jun 2024	2

#### 3. Objectives

- To conduct comprehensive vision screening for the local population.
- To identify refraction errors, cataract, and other ocular issues.
- To enhance awareness on eye care and prevention of vision impairment.
- To strengthen community ophthalmology exposure for students.

#### 4. Activities Undertaken

- Visual acuity testing
- Preliminary eye examination

- Counseling on eye hygiene, nutrition, and preventive measures
- Referral of suspected cases for detailed evaluation at Himalayan Hospital
- Community awareness sessions

## 5. Student Participation

A total of **3 student participants** took part across the two camps.

They actively assisted in screening, documentation, community interaction, and patient counselling.

## 6. Outcomes

- Benefited local residents with accessible eye-screening services.
- Identified individuals requiring further investigation and treatment.
- Enhanced awareness among the rural population regarding preventable eye diseases.
- Provided hands-on experience to participating students.

## 7. Conclusion

The Ophthalmic Outreach Camps at CHC Baleshwar, Tehri Garhwal successfully strengthened eye-care services in underserved areas.

The Department of Ophthalmology, HIMS, SRHU remains committed to promoting community eye health through such regular outreach initiatives.

## Glimpse of Event



Counselling of patients for eye care



## Kemar Patti, Uttarakhand, I...

Fj6p+h6, Kemar Patti, Uttarakhand 249155,  
India

Lat 30.462107° Long 78.635842°

25/03/2025 01:40 PM GMT +05:30

GPS Map Camera

Beneficiaries of the camp

Dr Renu Dhasmana  
Prof & Head  
Department of Ophthalmology

Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology  
HIMS, Dehradun

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Ophthalmic Outreach Camp**  
**List of students participated in the activity**

Dated: 24.06.24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2014353003	Jamborkhi Negi	Jamborkhi
2.	DD2024353001	Prayansh Tiwari	Prayansh
3.			
4.			
5.			

  
Coordinator

**Dr. Harsh Bahadur**  
Regn.No. UKMC-2264

**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun

Swami Rama Himalayan University

Himalayan Institute of Medical Sciences

Activity: Ophthalmic Outreach Camp

List of students participated in the activity

Dated: 25/03/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	DR2214304001	Amisha	A. MISHA
2.			
3.			
4.			
5.			

  
Dr. Amit Bahadur  
Regn.No. UKMC-2264