



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Department of Ophthalmology Himalayan Institute of Medical Sciences

Report on Ocular Health Assessment Camps at Morna, Bijnor

Organized by: Department of Ophthalmology, Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU)

1. Overview

The Department of Ophthalmology, HIMS, SRHU conducted multiple **Ocular Health Assessment Camps** at Morna and nearby community locations in District Bijnor during 2024–2025.

These outreach activities aimed at early detection of refractive errors, cataract, and other ocular morbidities, along with raising community awareness about preventive eye care.

Each camp was also supported by **student participation**, providing hands-on exposure to community ophthalmology and public health practices.

2. Summary of Activities

Place	Date	No. of Participants
Ocular Health Assessment Camp at Morna, Bijnor	05 Sep 2024	2
Ocular Health Assessment Camp at Morna, Bijnor	04 Oct 2024	2
Ocular Health Assessment Camp at Morna, Bijnor	24 Oct 2024	2
Ocular Health Assessment Camp at Morna, Bijnor	04 Nov 2024	2
Ocular Health Assessment Camp at Morna, Bijnor	10 Nov 2024	2
Ocular Health Assessment Camp at Morna, Bijnor	07 Jan 2025	2
Ocular Health Assessment Camp at Morna, Bijnor	11 Jan 2025	2
Ocular Health Assessment Camp at Morna, Bijnor	06 Feb 2025	2
Ocular Health Assessment Camp at Morna, Bijnor	11 Mar 2025	1
Ocular Health Assessment Camp at Ramlila Club, Morna, Bijnor	10 Apr 2025	2
Ocular Health Assessment Camp at Uttari Ramlila, Morna, Bijnor	05 Dec 2024	1

3. Objectives of the Camps

- To provide comprehensive ocular screening services to the local community.
- To detect refractive errors, cataract, glaucoma suspects, and other eye conditions at an early stage.
- To enhance awareness on eye hygiene, nutrition, and the importance of periodic eye examinations.
- To provide students with practical exposure in community-based eye-care delivery.

4. Activities Conducted

- Assessment of visual acuity using standard charts.
- Screening for refractive errors and common eye diseases.
- Preliminary anterior segment evaluation using torchlight.
- Counseling on preventive eye care, safe visual practices, and healthy lifestyle habits.
- Referral of suspected or complex cases to Himalayan Hospital for further ophthalmic evaluation.

5. Student Participation

Each camp included **1–2 student participants**, who contributed in:

- Registration and documentation
- Visual acuity assessment
- Assisting ophthalmic personnel in screening activities
- Delivering basic awareness messages to community members

This participation enhanced the students' **clinical confidence**, communication skills, and understanding of community health needs.

6. Outcomes

- Successful implementation of repeated ocular health camps across Morna region.
- Identification of individuals requiring advanced ophthalmic evaluation and referral.
- Improved awareness among community members about preventive eye care.
- Enhancement of student skills in community ophthalmology and patient handling.

7. Conclusion

The Ocular Health Assessment Camps at Morna, Bijnor, organized by the Department of Ophthalmology, HIMS, SRHU, significantly contributed to improving community-level eye health.

These consistent outreach initiatives highlight the institution's commitment to **preventive ophthalmic services, early diagnosis, community engagement, and experiential student learning**.

Glimpse of the Event



Beneficiaries receiving eye screening and counseling at the camp



Residents benefiting from the free vision screening camp



Ju

Dr Renu Dhasmana
Prof & Head
Department of Ophthalmology

Dr. Renu Dhasmana
Professor & Head
Department of Ophthalmology
HIMS, Dehradun

**Swami Rama Himalayan University
Himalayan Institute of Medical Sciences**

Activity: Ocular Health Assessment Camp at Morna, Bijnor

List of students participated in the activity

Dated: 5-09-2024

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2014253003	Jambodhi Negi	Jambodhi Negi
2.	DD2014353001	Soniya	Soniya
3.			
4.			
5.			

Coordinator

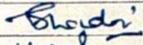
Dr. Harsh Bahadur
Professor

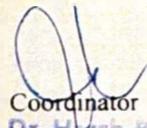
Department of Ophthalmology,
Himalayan Institute Hospital Trust,
Jolly Grant, Dehra Dun

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Ocular Health Assessment Camp
at Morna, Bijnor

List of students participated in the activity

Dated: 09/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DDJ114353002	Somya	
2.		Hehndi Zehru	
3.			
4.			
5.			



Coordinator
Dr. Harsh Bahadur
Regn.No. UKMC-2264

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences

Activity: Ocular Health Assessment Camp at Morna, Bijnor

List of students participated in the activity

Dated 29/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1	DD22219309002	Shikha Singh	Shikha
2	DD22214304001	Amisha	i-18a
3			
4			
5			


Coordinator
Dr. Harsh Bahadur
Regn.No. UKMC-2264

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences

Activity: Ocular Health Assessment Camp at Morna, Bijnor

List of students participated in the activity

Dated: 11/1/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353002	Simran Bhandari	<u>Simran</u>
2.	DD2224353005	Umesh Chaudhary	<u>Umesh</u>
3.			
4.			
5.			

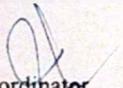

Coordinator
Dr. Hasmata Bhandari
Regn. No. UKMC-2264

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Ocular Health Assessment Camp at
Morna, Bijnor

List of students participated in the activity

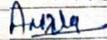
Dated: 10/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353028	Simran Bhandari	<u>Simran</u>
2.	DID2114353003	Shubham Kumar	<u>Shubham</u>
3.			
4.			
5.			


Coordinator
Dr. Harsh Bahadur
Regn.No. UKMC-2266

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Ocular Health Assessment
Camp at Morna, Bijnor
List of students participated In the activity

Dated: 5/12/24.

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304001	Amisha	
2.	DD21143520-3	Shushan	
3.			
4.			
5.			


Coordinator
Dr. Hari Bahadur
Regn.No. UKMC-2261

**Swami Rama Himalayan University
Himalayan Institute of Medical Sciences**

**Activity: Ocular Health Assessment Camp at Morna,
Bijnor**

List of students participated in the activity

Dated: 4/01/25

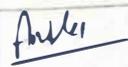
S. No.	Registration No.	Student's Name	Signature of Student
1.	01	Mehandi Zehra	Mehandi Zehra
2.	DD22214304001	Amisha	Amisha
3.			
4.			
5.			

Dr. Harsh Bahadur
Regn. No. UKMC-2264
Coordinator

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Ocular Health Assessment Camp at
Morna, Bijnor

List of students participated in the activity

Dated: 11/01/2021

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214301001	Ampsha	
2.	DD2114353002	Sirman	
3.			
4.			
5.			

Dr. Harsh Bahadur
Regn.No. UKMC-2264
Coordinator

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Ocular Health Assessment
Camp at Morna, Bijnor
List of students participated in the activity

Dated: 06/02/25

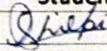
S. No.	Registration No.	Student's Name	Signature of Student
1.	01	Mehadi Zehra	Mehadi Zehra
2.	0022214304001	Amisha	Amisha
3.			
4.			
5.			


Coordinator
Dr. Harish Bahadur
Regn.No. UKMC-2264

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Ocular Health Assessment Camp
at Morna, Bijnor

List of students participated in the activity

Dated: 11/03/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	0022219304002	SHILPI SINGH	
2.			
3.			
4.			
5.			


Coordinator
Dr. Harsh Bahadur
Regn.No. UKMC-2264