



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Department of Ophthalmology Himalayan Institute of Medical Sciences

Report on Vision Check Initiative at Najibabad, District Bijnor

Organized by: Department of Ophthalmology, Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU)

1. Overview

The Department of Ophthalmology, HIMS, SRHU conducted a series of **Vision Check Initiative Camps** at Najibabad and Girls Inter College Najibabad, District Bijnor, during 2024–2025.

These repeated screening activities focused on the **early detection of refractive errors, cataract, and other ocular conditions**, alongside spreading awareness on preventive and promotive eye care.

Each camp included **student participation**, offering them valuable field exposure in community ophthalmology and primary eye-care screening.

2. Summary of Activities

Place	Date	No. of Participants
Vision Check Initiative at Najibabad, Bijnor	20 Jun 2024	2
Vision Check Initiative at Najibabad, Bijnor	18 Jul 2024	2
Vision Check Initiative at Najibabad, Bijnor	22 Aug 2024	1
Vision Check Initiative at Najibabad, Bijnor	19 Sep 2024	2
Vision Check Initiative at Najibabad, Bijnor	21 Nov 2024	2
Vision Check Initiative at Najibabad, Bijnor	01 Dec 2024	2
Vision Check Initiative at Najibabad, Bijnor	14 Jan 2025	2
Vision Check Initiative at Girls Inter College, Najibabad, Distt. Bijnor	23 Jun 2025	2
Vision Check Initiative at Girls Inter College, Najibabad, Distt. Bijnor	30 Jun 2025	2

3. Objectives of the Initiative

- To provide systematic vision screening and assessment services to the local population.
- To identify refractive errors, cataract, and other common ocular morbidities.
- To enhance community awareness on eye care practices and the importance of timely examinations.
- To provide field-based practical learning opportunities for students in community ophthalmology.

4. Activities Conducted

- Measurement of visual acuity using standard charts.
- Screening for refractive errors and common eye conditions.
- Basic anterior segment examination using torchlight.
- Counseling on preventive eye care, safe visual habits, and nutrition.
- Referral of suspected or complex cases to Himalayan Hospital, SRHU, for further evaluation.

5. Student Participation

Each camp involved **1–2 student participants**, who performed:

- Registration and basic documentation
- Assistance with visual acuity testing
- Supporting the ophthalmology team in screening activities
- Educating community members on essential eye-care practices

This strengthened students' **clinical competence, communication skills, and understanding of community eye-health needs**.

6. Outcomes

- Successful organization of multiple eye-screening camps across Najibabad region.
- Several individuals identified for further ophthalmic evaluation and referral.
- Improved community awareness regarding preventive eye care and early detection.
- Enhanced student learning through practical exposure in real community settings.

7. Conclusion

The Vision Check Initiative at Najibabad and Girls Inter College Najibabad, organized by the Department of Ophthalmology, HIMS, SRHU, made a significant contribution to strengthening community eye health.

The sustained outreach activities reflect the institution's commitment to **preventive ophthalmology, community engagement, and experiential student learning**.

Glimpse of the Event



Active student involvement in community-based eye screenings.



Student team performing visual acuity tests for community members



**Dr Renu Dhasmana
Prof & Head
Department of Ophthalmology**

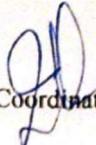
**Dr. Renu Dhasmana
Professor & Head
Department of Ophthalmology
HIMS, Dehradun**

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Vision Check Initiative at
Najibabad, Bijnor

List of students participated in the activity

Dated: 20.06.24

S. No.	Registration No.	Student's Name	Signature of Student
1.	PP2014253002	Simran Thapa	Simran
2.	001914353003	Jyoti	Jyoti
3.			
4.			
5.			


Coordinator

Dr. Harsh Bahadur
Regn. No. UKMC-2264
Dr. Harsh Bahadur
Professor
Department of Ophthalmology
Himalayan Institute of Medical Sciences
Jolly Grant, Dehradoon

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences

List of Students participated in the activity

Dated 18 | 07 | 20

S. No	Registration No.	Student's Name	Signature of student
1	DD1314353003	Jyoti Pat	<u>Jyoti</u>
2	DD2014353003	Sambodhi Negi	<u>Sambodhi</u>

Dr. Harsh Bhatnagar
Professor
Department of Dermatology
Himalayan Institute
Dolly Gaonkar

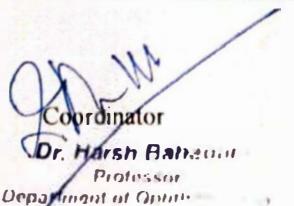
Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Vision Check Initiative at Najibabad,
Bijnor

List of students participated in the activity

Dated:

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S. No.	Registration No.	Student's Name	Signature of Student
1.	DD1914353002	Jyoti Pat	Jyoti
2.			
3.			
4.			
5.			


Coordinator
Dr. Harsh Baneja
Professor
Department of Optometry
Himalayan Institute of Medical Sciences
Jolly Grant, Dehradoon

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Vision Check Initiative at Najibabad,
Bijnor

List of students participated in the activity

Dated: 19/9/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304002	Shilpi Singh	Shilpi
2.	DDJ114353002	Simran Bhanderi	Bhanderi
3.			
4.			
5.			

Coordinator


Dr. Harsh Bahadur
Professor
Department of Ophthalmology
Himalayan Institute Hospital Trust
Jolly Grant, Dehra Dun

**Swami Rama Himalayan University
Himalayan Institute of Medical Sciences**

Activity: Vision Check Initiative at Najibabad,

List of students participated in the activity

Dated: 21/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2214304001	Amisha	<u>Amisha</u>
2.	DD2214304002	Shilpi Singh	<u>Shilpi Singh</u>
3.			
4.			
5.			


Coordinator

Dr. Harsn Bahadur
Regn. No. UKMC-2264

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences

Activity: Vision Check Initiative at

Najibabad, Bijnor

List of students participated in the activity

Dated: 1-12-24

S. No.	Registration No.	Student's Name	Signature of Student
1.	002MA353002	S Pmran	Frankie
2.	0021142530-3	Shubham	Shubham
3.			
4.			
5.			

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Coordinator
Dr. Harsh Bahadur
Regn. No. UKMC-2264

**Swami Rama Himalayan University
Himalayan Institute of Medical Sciences**

Activity: Vision Check Initiative at Najibabad, Bijnor

List of students participated in the activity

Dated: 14/01/25

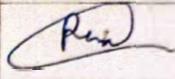
S. No.	Registration No.	Student's Name	Signature of Student
1.	DN2114353001	Priyanka	Priyanka
2.	DN2114353004	Shilani	Shilani
3.			
4.			
5.			


Dr. Harsh Bahadur
9811110001
Coordinator

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Vision Check Initiative at Najibabad,

List of students participated in the activity

Dated: 23/06/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353001	Priyank	
2.	DD22214301001	Amisha	<u>Amisha</u>
3.			
4.			
5.			

Coordinator
Dr. Renu Dhasmana
Professor & Head
Department of Ophthalmology
HIMS Dehradoon

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Vision Check Initiative at Najibabad,
Bijnor

List of students Participated in the activity

Dated: 30/06/28

S. No.	Registration No.	Student's Name	Signature of Student
1.	202221430002	Silpi	<i>Silpi</i>
2.	002221430401	Amisha	<i>Amisha</i>
3.			
4.			
5.			

Coordinator
Dr. Renu Dhasmana
Professor & Head
Department of Ophthalmology
HIMS, Dehradun