



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Department of Ophthalmology Himalayan Institute of Medical Sciences

Report on Community Eye Check-up Camps at PHC Pilkhi, Tehri Garhwal

Organized by: Department of Ophthalmology, Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU)

1. Overview

The Department of Ophthalmology, HIMS, SRHU conducted multiple **Community Eye Check-up Camps** at Primary Health Centre (PHC) Pilkhi, Tehri Garhwal, during 2024–2025.

These outreach camps aimed to strengthen early detection of refractive errors, cataract, and other ocular morbidities, while promoting awareness on preventive eye care among the rural population.

Each camp included **student participation**, enabling practical exposure to community health delivery and primary-level eye screening.

2. Summary of Activities

Place	Date	No. of Participants
Community Eye Check-up Camp at PHC Pilkhi, Tehri Garhwal	13 Dec 2024	2
Community Eye Check-up Camp at PHC Pilkhi, Tehri Garhwal	17 Jan 2025	2
Community Eye Check-up Camp at PHC Pilkhi, Tehri Garhwal	22 Feb 2025	2

3. Objectives of the Camps

- To provide community-level eye screening and assessment services.
- To detect refractive errors, cataract, glaucoma suspects, and other common ocular problems.
- To raise awareness about eye hygiene, preventive practices, and the need for regular check-ups.

- To provide experiential learning opportunities for students in rural and community ophthalmology.

4. Activities Conducted

- Visual acuity assessment using standard testing charts.
- Screening for refractive errors and common eye diseases.
- Preliminary anterior segment examination using torchlight.
- Counseling of patients on preventive eye care and healthy visual habits.
- Referral of suspected or complex cases to Himalayan Hospital for advanced evaluation and management.

5. Student Participation

Each camp had **two student participants**, who assisted in:

- Registration and data documentation
- Conducting visual acuity tests
- Supporting the ophthalmic team during screening
- Delivering awareness messages to community members

This exposure enhanced students' **clinical confidence, communication skills, and understanding of rural eye-care needs.**

6. Outcomes

- Successful completion of all scheduled community eye camps at PHC Pilkhi.
- Identification of individuals requiring further ophthalmic evaluation and timely referral.
- Improved awareness among the rural population regarding preventive eye care.
- Strengthened student learning through hands-on involvement in real-world community screening.

7. Conclusion

The Community Eye Check-up Camps at PHC Pilkhi, Tehri Garhwal, organized by the Department of Ophthalmology, HIMS, SRHU, played an important role in enhancing community eye-health services in the region.

The outreach efforts demonstrate a strong commitment to **early detection, preventive ophthalmology, community engagement, and student-centered practical learning.**

Glimpse of Event



People availing eye-care services during the camp.



People receiving essential eye-care support during the outreach camp



Field training: Students performing visual acuity testing on a patient.

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Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Eye Camp conducted at PHC Pilkhi,
Tehri Garhwal

List of students participated in the activity

Dated: 13/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353004	Shivani	Shivani
2.	DD2114353002	Simran	Simran
3.			
4.			
5.			


Coordinator
Dr. Harsh Bahadur
Regn. No. UKMC-2264

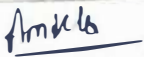

Swami Rama Himalayan University

Himalayan Institute of Medical Sciences

Activity: Eye Camp conducted at PHC Piikhi, Tehri Garhwai

List of students participated in the activity

Dated: 14/01/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304001	Amisha	
2.	DD2114353004	Simran	
3.			
4.			
5.			


Dr. Harsh Bahadur
Regn. No. UMMC-2203
Coordinator

Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Activity: Eye Camp conducted at PHC Pilkhi,
Tehri Garhwal

List of students participated in the activity

Dated: 22/02/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353009	Shivani	Shivani
2.	DD2114353001	PRIYANKA	Priyanka
3.			
4.			
5.			


Dr. Rajan Bahadur
Coordinator 91-2264