



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Department of Ophthalmology Himalayan Institute of Medical Sciences

### Report on Rural Eye Screening Programme at Inter College, Bhokarheri, District Muzaffar Nagar

**Organized by:** Department of Ophthalmology, Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU)

**Location:** Inter College, Bhokarheri, District Muzaffar Nagar

**Date:** 08 June 2025

**Number of Participants:** 2 students

#### 1. Overview

The Rural Eye Screening Programme was conducted at Inter College, Bhokarheri, District Muzaffar Nagar with the objective of identifying early visual problems among students and promoting awareness about eye health.

The programme aimed to provide basic eye screening services, educate students on preventive practices, and encourage timely referral for further evaluation when necessary. The activity also offered hands-on learning opportunities to participating students, strengthening their understanding of rural eye-care needs.

#### 2. Objectives of the Programme

- To screen students for refractive errors and common eye-related issues.
- To increase awareness about eye hygiene, safe visual practices, and early detection.
- To provide referral guidance for students requiring specialized examination.
- To offer practical exposure to students participating in community-based eye screening.

#### 3. Activities Conducted

- **Visual Acuity Testing:** Preliminary assessment using standard charts.
- **Eye Health Awareness Session:** Guidance on eye hygiene, screen-time management, and symptom identification.

- **Referral Advice:** Students showing signs of visual problems were advised further evaluation at an optical center or ophthalmic facility.
- **Counseling Session:** Reinforcement of the importance of regular vision check-ups and preventive eye-care habits.

#### **4. Student Participation**

The two participating students actively assisted in:

- Registration and documentation
- Conducting visual acuity tests
- Supporting the screening team
- Delivering awareness messages on eye health

This exposure enhanced their clinical confidence, communication skills, and understanding of rural eye-care practices.

#### **5. Outcomes**

- Successful completion of the Rural Eye Screening Programme at Inter College, Bhokarheri.
- Early identification of students requiring further eye examination.
- Improved awareness among participants regarding preventive eye care.
- Strengthened practical learning for the participating students.

#### **6. Conclusion**

The Rural Eye Screening Programme at Inter College, Bhokarheri, District Muzaffar Nagar successfully fulfilled its objective of promoting eye health and early detection of visual issues among students.

The outreach initiative contributed to strengthening community eye-care services and enhancing student learning through practical involvement.

## Glimpse of the Event



Hands-on learning: Students assessing a patient's vision.



Students checking the eyes of a patient during the screening camp.

Dr Renu Dhasmana

**Prof & Head**  
**Department of Ophthalmology**

**Dr. Renu Dhasmana**  
Professor & Head  
Department of Ophthalmology  
HIMS, Dehradun

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Rural Eye Screening Programme at Inter College,  
Bhokarheri, Distt Muzaffar Nagar  
List of students Participated in the activity

Dated: 08/06/25

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353003	Shashikumar	Shashikumar
2.	DC22214304001	Amisha	Amisha
3.			
4.			
5.			

Coordinator  
Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology  
HIMS Dehradun