



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date** – 27 December 2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Arya Inter College Bongla, Bahadrabad Block, Haridwar

**Beneficiaries** – 40

**Supporting Agency** – WIPRO Care

**University Role** – Staff- 3 (Dr. Amandeep Kaur, Mrs. Pawandeep Kaur, and Ms. Sheetal)

**Students** - 6

**Activity Detail** – A two-day training session was conducted for the selected School Health & Hygiene Club members which was delivered on all components of RKSK through a combination of lectures, case studies, role-playing exercises, and growth monitoring including fill-up of the post-training questionnaire. Lectures and discussion on Nutrition, Substance Abuse, Mental Health, and Gender Based Violence including Good Touch and Bad touch.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

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S. No.	Registration No.	Name of Student	Signature
1.	DD22113301079	Nikita	Nikita
2.	DD22113301080	Nikita Panwar	Nikita Panwar
3.	DD22113301081	Om Joshi	Om Joshi
4.	DD22113301082	Parul Pal	Parul Pal
5.	DD22113301083	Pavani Negi	Pavani Negi
6.	DD22113301084	Payal	Payal

  
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