



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Adolescent Health Program

Date – 30 December 2024

Time: 9:00am-1:00pm

Program – Comprehensive Community Health Program

Location – Rashtriya Inter College Aurangabad, Bahadrbabad Block, Dehradun

Beneficiaries – 40

Supporting Agency – WIPRO Care

University Role – Staff- 2 (Dr. Amandeep Kaur, Mrs. Pawandeep Kaur)

Students - 5

Activity Detail – A training session was conducted for the selected School Health & Hygiene Club members on the components of RSK. The training was scheduled based on various activities like lectures, providing the actual conditions faced by the adolescents in society, and role-playing exercises. The program has six components which are Nutrition, Sexual and Reproductive Health (SRH), Non-Communicable Diseases (NCDs), Substance Misuse, Mental Health, and Injuries and Violence, including Gender-Based Violence (GBV). The training session also included filling up of Pre-questionnaire before initiation of training, growth monitoring, and testing of Hemoglobin levels among School Health and Hygiene Club members.



Dr. Rajeev Bijalwan
(Dy. Director-Health)

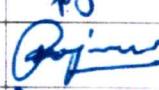
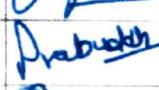
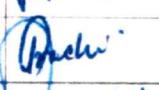
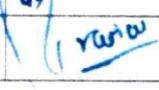
Rural Development Institute
Swami Rama Hospital Trust
Swami Rama Nagar, P.O. Doiwala
Dehradun-248140, Uttarakhand

Adolescent Health Program

Date – 30 December 2024

Program – Comprehensive Community Health Program

Location – Rashtriya Inter College Aurangabad, Bahadrabad Block, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301085	Payal	
2.	DD22113301086	Pooja Rana	
3.	DD22113301087	Prabuddh Dhyan	
4.	DD22113301088	Prachi Singh	
5.	DD22113301089	Pratiksha Pant	


Dr. Rajeev Bijalwan
(Dy. Director-Health)

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Dehradun-248140, Uttarakhand