



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Adolescent Health Program under NSIL Nagthat

Date – 29/7/2024

Time - 9:00am-1:00pm

Program – Comprehensive Community Health Program

Location – Junior High School, Pipaya, Laksiyar, Kalsi block, Dehradun

Beneficiaries – 15

Supporting Agency – New Space India Limited (NSIL)

University Role – Staff - 02 (Dr Amandeep Kaur & Ms. Nirmala Bijalwan), Students-5

Activity Detail – Rashtriya Kishor Swasthya Karyakram (RKSK) is a national adolescent health program in India that aims to improve the health and well-being of adolescents aged 10-19 years. The program has six components which are Nutrition, Sexual and Reproductive Health (SRH), Non-Communicable Diseases (NCDs), Substance Misuse, Mental Health, and Injuries and Violence, including Gender-Based Violence (GBV). A one-day training session was conducted for the selected Peer Educators of Junior High Schools which was delivered on the six components of RKSK through a combination of lectures, case studies, and role-playing exercises.




Dr. Rajeev Bijalwan
(Dy. Director-Health)

Rural Development Institute
Himalaya Institute Hospital Trust
Swami Ram Nagar, P.O. Doiwala
Dehradun-248140, Uttarakhand

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S. No.	Registration No.	Name of Student	Signature
1.	DD231103301110	Shalini Aswal	<i>Shalini</i>
2.	DD231103301111	Shalini Negi	<i>Shalini Negi</i>
3.	DD231103301112	Shaurya Rawat	<i>Shaurya</i>
4.	DD231103301113	Shikha Dabral	<i>Shikha</i>
5.	DD231103301114	Shipra Saini	<i>Shipra</i>


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