



HIMALAYAN COLLEGE OF NURSING
SWAMI RAMA HIMALAYAN UNIVERSITY
JOLLY GRANT, DEHRADUN



REPORT ON COMPLEMENTARY FEEDING DAY

The faculty and students of Child Health Nursing Department, Himalayan College Nursing observed “**Complementary Feeding Day**” on 06 June, 2024 in Pediatric Medicine Ward of Himalayan Hospital. The programme was planned and executed under the guidance of Dr. Sanchita Pugazhendi and coordinated by Mrs. Sanjenbam Emon Chanu, HOD, Child Health Nursing Department.

The following activities were undertaken:

1. Nukkad Natak
2. Role play
3. Exhibition

The objective of the activities was to create awareness among the care givers of children specially to the mothers regarding significance and benefits of complementary feeding. The activities were led by Post Basic B.Sc. Nursing First year along with B.Sc. Nursing 5th Semester students. Event was started with the introduction of the program followed by nukkad natak by post basic students. Further role play was performed by B.Sc. Nursing 5th semester students to educate the mothers about complementary feeding. The queries of audience were addressed by the faculty of Child Health Nursing Department. Poster exhibition done by students where they explained the content of posters to the beneficiaries and explained in detail. The event was concluded with the vote of thanks by students. In the programme total 38 UG students were present and around 45 care givers of children were benefited regarding importance of complementary feeding through role play and posters.

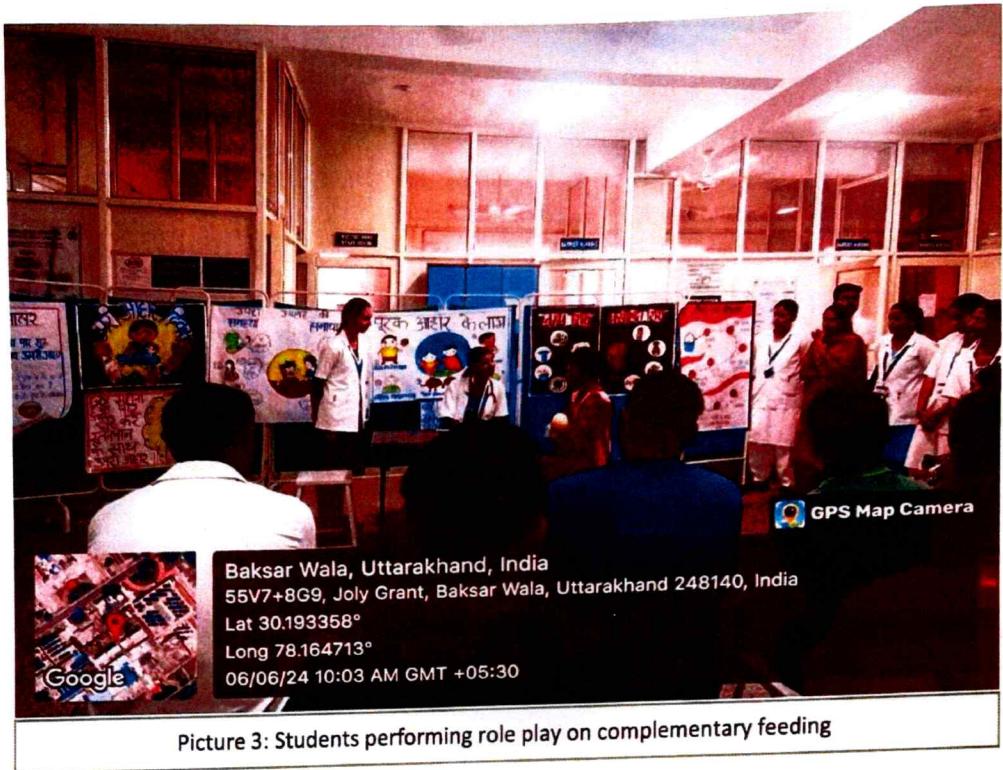
Dr. Rajkumari Sylvia Devi, Dr. D. Y. Sorte, Dr. Vandana Chauhan and Mrs. Namrata Pundir, Faculty of Child Health Nursing Department contributed significantly in successful completion of the program.



Picture 1: Student Introducing the program to the audience



Picture 2: Students presenting Nukkad Natak



Picture 3: Students performing role play on complementary feeding



Picture 4: Students explaining to mother regarding importance of complementary feeding



Picture 5: Group of students and faculty (Child Health Nursing)

Activity Coordinator

Dr. Vandana Chauhan

Associate Professor,

Mrs. Sanjenbam Emon Chanu

Associate Professor and HOD

Child Health Nursing Department

Himalayan College of Nursing

Swami Rama Himalayan University

Himalayan College of Nursing

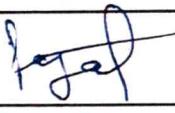
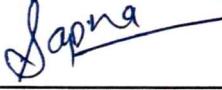
SWAMI RAMA HIMALAYAN UNIVERSITY

P.B. B.Sc. 1st Year Batch 2023

Complementary Feeding Day

06.06.2024

10:00 AM

| Sr.No | Registration No | Enrolment No. | Student Name | Signature |
|-------|-----------------|---------------|-----------------|---|
| 1 | DD231103302001 | SRHU23000148 | Himani |  |
| 2 | DD231103302002 | SRHU23000149 | Isha |  |
| 3 | DD231103302003 | SRHU23000150 | Manisha Rana |  |
| 4 | DD231103302004 | SRHU23000151 | Manoj Sanhara |  |
| 5 | DD231103302005 | SRHU23000152 | Pratima Singh |  |
| 6 | DD231103302006 | SRHU23000153 | Rajat Kumar |  |
| 7 | DD231103302007 | SRHU23000154 | Riya |  |
| 8 | DD231103302008 | SRHU23000155 | Sapna Trivedi |  |
| 9 | DD231103302009 | SRHU23000156 | Shalini Saklani |  |
| 10 | DD231103302010 | SRHU23000157 | Saurabh Negi |  |