



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Adolescent Health Program

Date – 18 November 2024

Time - 9:00am-2:00pm

Program – Comprehensive Community Health Program

Location – Arya Kanya Inter College, Bahadrabad Block, Haridwar

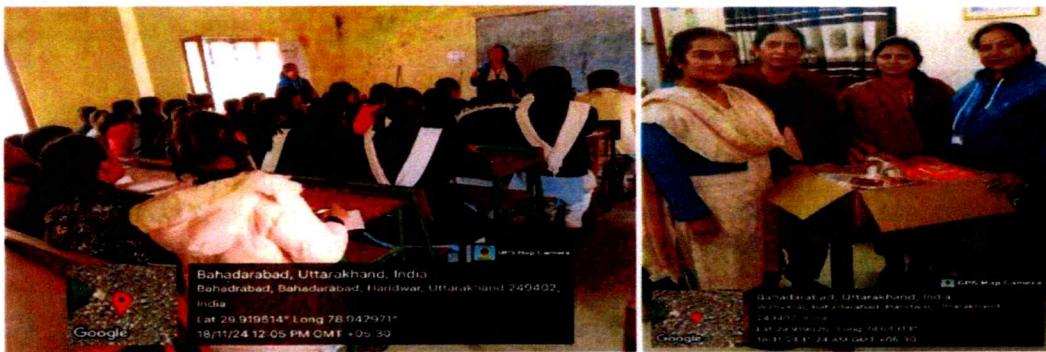
Beneficiaries – 40

Supporting Agency – WIPRO Care

University Role – Staff- 3 (Dr. Amandeep Kaur, Mrs. Pawandeep Kaur, and Ms. Seema)

Students - 02

Activity Detail – Rashtriya Kishor Swasthya Karyakram (RKS) is a national adolescent health program in India that aims to improve the health and well-being of adolescents aged 10-19 years. The program has six components which are Nutrition, Sexual and Reproductive Health (SRH), Non-Communicable Diseases (NCDs), Substance Misuse, Mental Health, and Injuries and Violence, including Gender-Based Violence (GBV). A two-day training session was conducted for the selected School Health & Hygiene Club members of Arya Kanya Inter College which was delivered on the three components of RKS through a combination of lectures, case studies, and role-playing exercises including fill up of Pre-questionnaire, growth monitoring and information taken through google questionnaire. Personal Hygiene Kit was also provided to the School Principal for the students.



Dr. Rajeev Bijalwan
(Dy. Director-Health)

Rural Development Institute
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Dehradun-248140, Uttarakhand

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S. No.	Registration No.	Name of Student	Signature
1.	DD231103503001	Aditi Bahuguna	
2.	DD231103503002	Deeksha Pokhriyal	


Dr. Rajeev Bijalwan
(Dy. Director-Health)

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