



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Adolescent Health Program

Date - 24 September 2024

Time - 9am – 4pm

Program – Comprehensive Community Health Program

Location – GIC Lakhwad, Kalsi Bolck, Dehradun

Beneficiaries – 191 participants (13 Peer Educator sessions)

Supporting Agency – NSIL & RDI-SRHU

University Role – Staff-2 (Mr. Sunil Khanduri & Ms. Nirmala Bijalwan), Student - 5

Activity Detail: Two-way communication between the Adolescent and the School Health and Hygiene Club members on the 6 components of RKS. General discussion on Nutrition, Adolescent growth, as well as adolescent health, Menstrual hygiene, Good Touch and Bad touch, and Substance Abuse. The positive and negative impact of the environment, society, education, lifestyle, and physical and mental changes on health during the Adolescent phase.




Dr. Rajeev Bijalwan
(Dy. Director-Health)

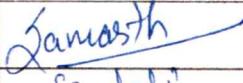
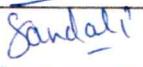
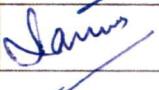
Rural Development Institute
Swami Rama Himalayan University Trust
Swami Ram Nagar, P.O. Doiwala
Dehradun-248140, Uttarakhand

Adolescent Health Program

Date - 24 September 2024

Program – Comprehensive Community Health Program

Location – GIC Lakhwad, Kalsi Bolck, Dehradun

| S. No. | Registration No. | Name of Student | Signature |
|--------|------------------|-----------------|---|
| 1. | DD22114301118 | Samarth Mehran |  |
| 2. | DD22114301119 | Sandali Saxena |  |
| 3. | DD22114301120 | Sanjana Bhartia |  |
| 4. | DD22114301121 | Satyam Chandra |  |
| 5. | DD22114301122 | Saumya Rawat |  |


Dr. Rajeev Bijalwan
(Dy. Director-Health)

Rural Development Institute
Hansa and Inga Hospital Trust
Swami Rani Nagar, P.O. Dowwala
Dehradun-248140, Uttarakhand