



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Adolescent Health Program

Date - 24 September 2024

Time - 9am – 4pm

Program – Comprehensive Community Health Program

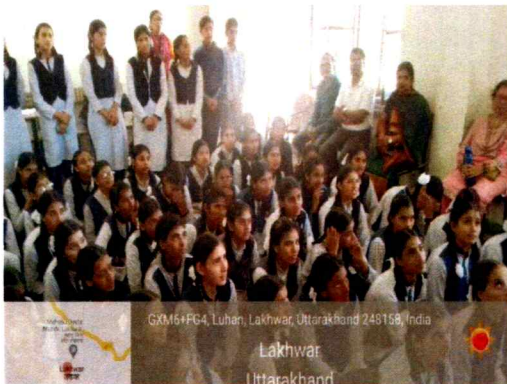
Location –GIC Lakhwad, Kalsi Bolck, Dehradun

Beneficiaries – 191 participants (13 Peer Educator sessions)

Supporting Agency – NSIL & RDI-SRHU

University Role – Staff-2 (Mr. Sunil Khanduri & Ms. Nirmala Bijalwan), Student - 5

Activity Detail: Two-way communication between the Adolescent and the School Health and Hygiene Club members on the 6 components of RKSK. General discussion on Nutrition, Adolescent growth, as well as adolescent health, Menstrual hygiene, Good Touch and Bad touch, and Substance Abuse. The positive and negative impact of the environment, society, education, lifestyle, and physical and mental changes on health during the Adolescent phase.




Dr. Rajeev Bijalwan
(Dy. Director-Health)

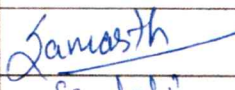
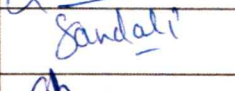
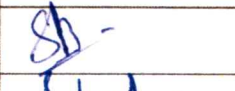
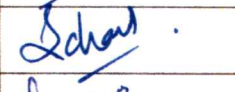

Rural Development Institute
Hansa an In Home Hospital Trust
Swami Ram Nagar, P.O. Doiwala
Dehradun-248140, Uttarakhand

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S. No.	Registration No.	Name of Student	Signature
1.	DD22114301118	Samarth Mehran	
2.	DD22114301119	Sandali Saxena	
3.	DD22114301120	Sanjana Bhartia	
4.	DD22114301121	Satyam Chandra	
5.	DD22114301122	Saumya Rawat	


Dr. Rajeev Bijalwan
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