



स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

Adolescent Health Program

Date- 26 September 2024

Time - 9am – 2pm

Program – Comprehensive Community Health Program

Location –Junior High School, Pipaya, Kalsi Bolck, Dehradun

Beneficiaries – 39 participants

Supporting Agency – NSIL & RDI-SRHU

University Role – Staff-2 (Mr. Sunil Khanduri & Ms. Nirmala Bijalwan), Student - 3

Activity Detail: School Health and Hygiene Club members took sessions on Adolescent Growth in which they discussed physical, mental, social, emotional, behavioral, and spiritual changes that take place during the Adolescence phase. Discussions on general health awareness during the adolescent stage like personal hygiene, and prevention from the cause of communicable as well as non-communicable disease. Few students discussed good touch and Bad touch because it is a sensitive issue in society. Some adolescents were not able to categorize the way of touch by another person.



Dr. Rajeev Bijalwan
(Dy. Director-Health)

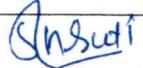
Rural Development Institute
Swami Rama Hospital Trust
Swami Rama Nagar, P.O. Doiwala
Dehradun-248140, Uttarakhand

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S. No.	Registration No.	Name of Student	Signature
1.	DD22114301128	Shruti Goswami	
2.	DD22114301129	Siddhartha Singh	
3.	DD22114301130	Simran Sharma	