



स्वामी राम हिमालयन विश्वविद्यालय
Swami Rama Himalayan University

HIMALAYAN COLLEGE OF NURSING

SRHU, Swami Ram Nagar, Jollygrant, Dehradun

REPORT ON COMMUNITY OUTREACH- 2024

Name of Activity: Awareness program on Heart Disease and its prevention

Date: 30th September 2024

Facilitator:-Dr.Kamli Prakash, Dr. Chandra Pant, Mr. Ankit Singh

Time: 09:30am to 11:30 am

Venue: Offline – Kudkawala , Doiwala

No. of Participants: 50

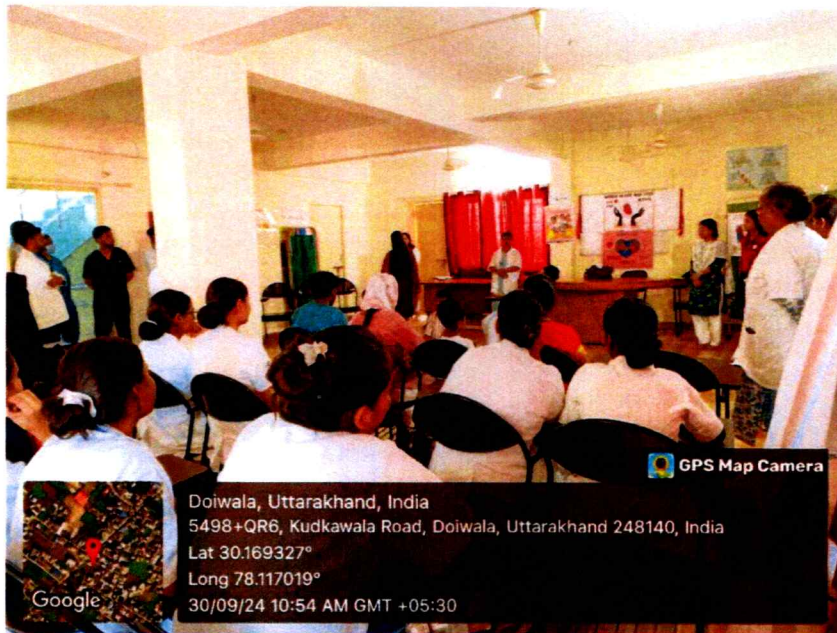
World Heart Day observed globally on 30th September 2024 under the theme “Use Heart for Action”

To create awareness within community setting regarding heart diseases and its prevention the Department of Adult Health Nursing in Collaboration with Department of Community Medicine, Himalayan Institute of Medical Sciences, conducted community outreach program to create awareness among patients and relatives visiting OPD of Urban Health Community Centre Kudkawala , Doiwala

The program included various activities organized by M.Sc. Nursing 2nd year and B.Sc. Nursing 3rd Semester Students. Nukkad Natak which was performed by students for people , an exhibition of charts and posters regarding, causes of heart diseases, risk factors contributing heart diseases, and life style modification which can lower the risk of heart diseases, were displayed and explained by students to the common people, a short poem recitation was done by M.Sc. 2nd year student.

After the program a short message was delivered by Dr.Kamli Prakash, HOD Adult Health Nursing regarding importance of cardiovascular health, Dr. Chandra Pant also addressed the gathering regarding the prevention of heart diseases. Sister Rajkumari also shared her thoughts and encouraged patients for healthy life style modification and regular checkups.

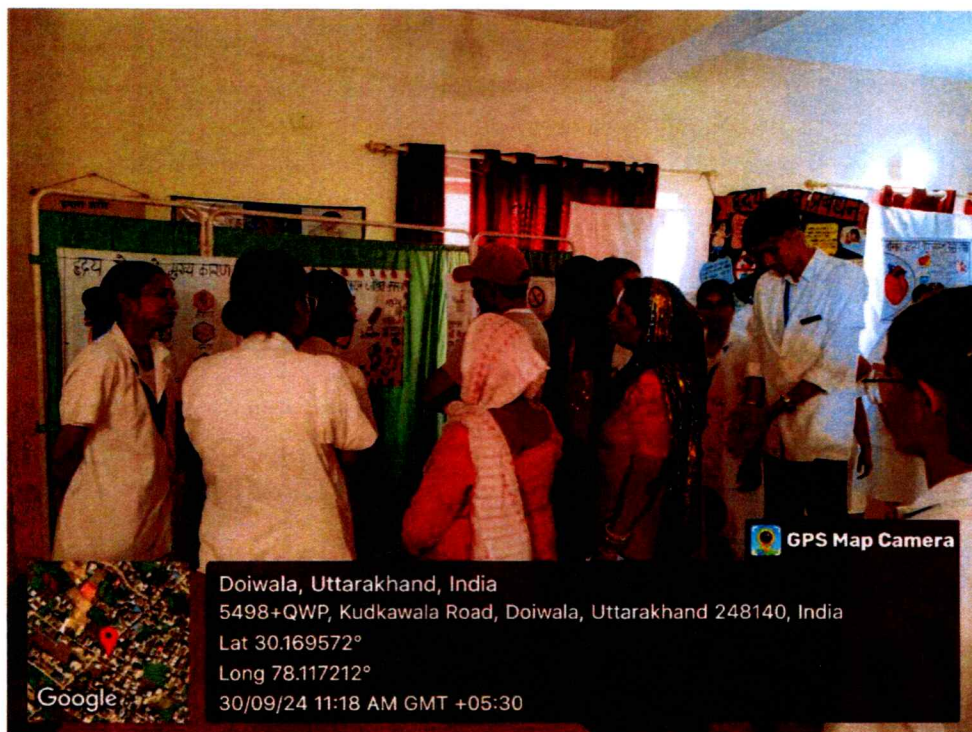
The program was concluded with acknowledging the gathering.



1. Dr. Chandrika addressing the gathering in Urban Health Community Centre, Kudkawala, Doiwala, Dehradun



2. Patients and relatives watching the program prepared by students in Urban Health Centre ,Kudkawala, Doiwala



3. B.Sc. Nursing 3rd Semester students explaining charts to Patients and relatives in Urban Health Centre ,Kudkawala, Doiwala

Prakash

**Activity Coordinator
HOD, Adult Health Nursing**

Chad

Principal

Himalayan College of Nursing
SRHU, Swami Ram Nagar, Jolly Grant, Dehradun
Batch: B.Sc Nursing 3rd Semester
WORLD HEART DAY CELEBRATION

Date - 29-9-2024

S.No.	Registration number	Name of student	Signature
1	DD231103301022	Arohi	<i>Arohi</i>
2	DD231103301014	Anamika	<i>Anamika</i>
3	DD231103301005	Aditi Raturi	<i>Aditi</i>
4	DD231103301006	Aditi Sajwan	<i>Aditi</i>
5	DD231103301004	Aditi Parmar	<i>Aditi</i>
6	DD231103301009	Akansha Pandey	<i>Akansha</i>
7	DD231103301010	Akshita Kukreti	<i>Akshita</i>
8	DD231103301047	Jyoti Kholiya	<i>Jyoti</i>
9	DD231103301116	Shivani	<i>Shivani</i>
10	DD231103301001	Aanchal Pundir	<i>Aanchal</i>
11	DD231103301123	Simarjeet Kaur	<i>Simarjeet</i>
12	DD231103301016	Anisha Nakoti	<i>Anisha</i>
13	DD231103301019	Anurag Dilwal	<i>Anurag</i>
14	DD231103301018	Anshika Negi	<i>Anshika</i>
15	DD231103301024	Ashish Bhandari	<i>Ashish</i>
16	DD231103301048	Kanika	<i>Kanika</i>
17	DD231103301030	Bhawna Sharma	<i>Bhawna</i>
18	DD231103301029	Ayush Rana	<i>Ayush</i>
19	DD231103301031	Bhawna	<i>Bhawna</i>

S.No.	Registration number	Name of student	Signature
22	DD231103301033	Daksh	<i>Daksh</i>
23	DD231103301039	Gayatri	<i>Gayatri</i>
24	DD231103301036	Esha Rawat	<i>Esha</i>
25	DD231103301038	Gaurav	<i>Gaurav</i>
26	DD231103301041	Himani	<i>Himani</i>
27	DD231103301042	Himanshi	<i>Himanshi</i>
28	DD231103301050	Karuna	<i>Karuna</i>
29	DD231103301046	Jaffrine	<i>Jaffrine</i>
30	DD231103301116	Shivani	<i>Shivani</i>
31	DD231103301014	Anisha Krishali	<i>Anisha</i>
32	DD231103301021	Anushka Raj	<i>Anushka</i>
33	DD231103301040	Gunjan Rawat	<i>Gunjan</i>
34	DD231103301045	Ishika	<i>Ishika</i>
35	DD231103301076	Palak Saini	<i>Palak</i>
36	DD231103301083	Prerna Choudhary	<i>Prerna</i>
37	DD231103301088	Rashi Pant	<i>Rashi</i>
38	DD231103301090	Renuka Yadav	<i>Renuka</i>
39	DD231103301097	Riya Raikwal	<i>Riya</i>
40	DD231103301098	Sadhana	<i>Sadhana</i>

20	DD231103301034	Dikshita	<i>Dikshita</i>
21	DD231103301035	Divya	<i>Divya</i>

41	DD231103301101	Saloni Krishali	<i>Saloni</i>
42	DD231103301103	Samridhi Negi	<i>Samridhi</i>

[Signature]

Activity Coordinator