



**Department of Community Medicine
Himalayan Institute of Medical Sciences
Swami Rama Himalayan University**



Specialist Health Camp and Awareness Session on Menstrual Hygiene

Date of Camp: 27.04.2025

Time: 9am – 3pm

Venue: Himalayan Sanjeevani Clinic (Telemedicine centre), Vill-Toli, Pauri.

Number of Beneficiaries: 112

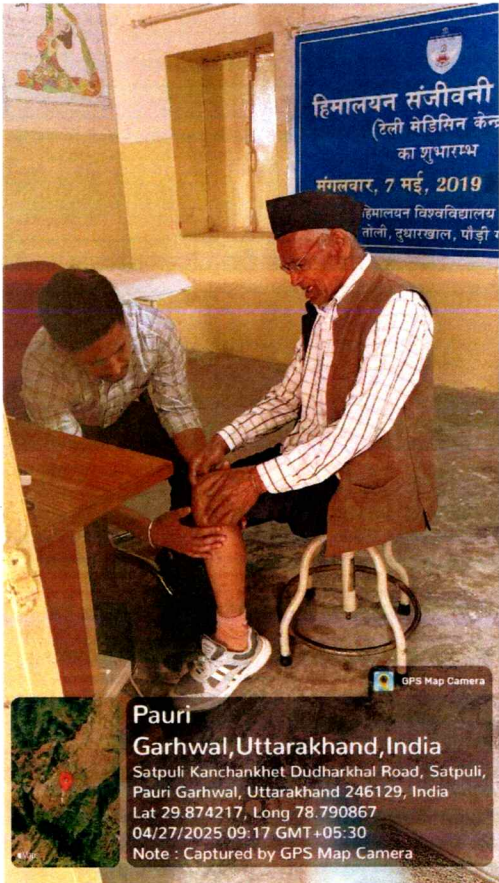
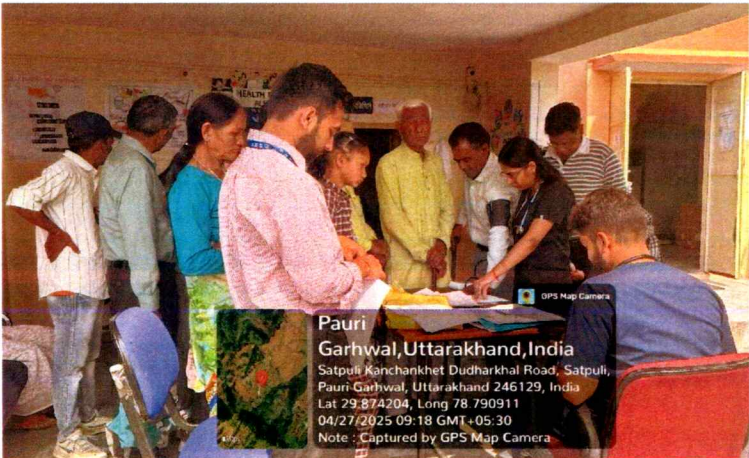
Number of Students Participated: 4

Activity detail: A health camp was held in the "Himalayan Sanjeevani Clinic-Telemedicine centre, Toli village, Pauri" on April 27, 2025, from 9:00 am to 3:00 pm. The purpose of the camp was to screen patients for non-communicable diseases (NCDs), offer free medical exams and medication to patients, hold awareness workshops, and provide interns and Medical Social work with practical experience in planning and running a health camp. Patient registration, vital sign monitoring, anthropometry, professional consultation, and medication distribution made up the campsite's patient flow. Every patient received all services at no cost to them. Patients who lived far out in the village received free round-trip transportation in the university Car.





The following services were provided during the camp:

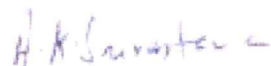
1. Anthropometry (Ht, Wt, MUAC)
2. General Examination (Temp, BP, PR)
3. Specialists' consultation
4. Lab investigations (Free: Hb, RBS)
5. Awareness session on menstrual hygiene
6. Distribution of Sanitary Napkins
7. Referral services
8. Pick up and drop off from the university vehicle

Glimpse of Specialist Health Camp



Attendance:

27-04-2025		S.No.	Name of Students	Signature
		1	Aditya Tomar	
		2	Charvi Verma	
		3	Arzu Gupta	
		4	Dr Abhinav Semwal	


Dr A K Srivastava
(Prof. & Head)

Department of Community Medicine,
Himalayan Institute of Medical Sciences
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248002, Uttarakhand-India