



INDIAN COUNCIL OF SOCIAL SCIENCE RESEARCH
Special Call Division

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CV Form – 2nd Call for ICSSR Longitudinal Studies in Social and Human Sciences.

(Note: Insert additional rows wherever necessary)

Application Number (To be noted down from the online application)	ICSSR-LSS-2025-1983
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Theme	Education and Skilling
Sub Theme	Indian Knowledge Systems: Theoretical and Experimental Applications

Title of the Research Proposal	"Exploring the Potential Effects of the Gayatri Mantra on Dyscalculia, Cognitive Function, and Physiological Changes Among Primary School Students in Uttarakhand: A Longitudinal Study"
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BIODATA OF THE PROJECT COORDINATORS DIRECTOR/S

Please use different

1	Name of the Project Coordinator/Director												
	<table><tr><td>a. Name</td><td>Dr. Subodh Saurabh Singh</td></tr><tr><td>b. Designation</td><td>Principal And Assistant Professor</td></tr><tr><td>c. Department</td><td>School of Yoga Sciences</td></tr><tr><td>d. Official Address</td><td>School of Yoga Sciences, Swami Rama Himalayan University, Jolly Grant, Dehradun, Uttarakhand-248140.</td></tr><tr><td>e. Contact No.</td><td>+91-8882423186</td></tr><tr><td>f. Email</td><td>principal.sys@srhu.edu.in, subodhsingh@srhu.edu.in</td></tr></table>	a. Name	Dr. Subodh Saurabh Singh	b. Designation	Principal And Assistant Professor	c. Department	School of Yoga Sciences	d. Official Address	School of Yoga Sciences, Swami Rama Himalayan University, Jolly Grant, Dehradun, Uttarakhand-248140.	e. Contact No.	+91-8882423186	f. Email	principal.sys@srhu.edu.in , subodhsingh@srhu.edu.in
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2	Educational Qualifications				
	Name of the Degree	Name of the University	Year of Passing / Award	% of Marks	Main Discipline
	Master's	Dev Sanskriti Vishwavidyalaya Hardwar, Uttarakhand	2010	66.50	Yogic Science and Holistic Health
	M. Phil.	-	-	-	-



Ph. D.	Mahatma Gandhi Chitrakoot Gramodaya Vishwavidyalaya Satna M.P.	2016	-	Yoga
Post-Doctoral	-	-	-	-
Title of the Ph.D.	A study of the effect of yoga package on thyroid gland			
Salient features of Ph.D. (in 100 words)	Analyze the effect of Yoga on the Human Body			

3. Research Experience			
	Number	Title, role/capacity/Presentation/Participation and details of funding Institution	
a. Research Projects	Nil		
b. Fellowships	Nil		
c. Ph.D. Guidance	03	1. A study on the effects of yoga practice on aggression level for orphan adolescents. 2. Study on Conspicuous Yogic Techniques on the Athleticism of Sportspersons and their Efficiency Level 3. Impact of Nadishodhana Pranayama on Stress Hemoglobin and Vital Capacity among School going Girls	
d. M.Phil. Guidance	Nil		
e. Seminars / Conferences	More than 15	National & International conferences attended and organized also.	

4 Details of 5 Best Research Papers/Books/Chapters (attach/submit hardcopies)				
	Title of the Publication	Name of the Journal / Book / Publisher	Month, Year and Vol.	Scopus / UGC CARE Listed/ Referred Journal
a				
b				
c				
d				
e				

5	Any other important academic achievement (approx. 100 words)

6	Whether Project Coordinator, Project Directors (Co-PD's) received any financial assistance from ICSSR (mention last 2 awards)	Yes	No
	If yes:		
	Name of award/scheme		
	Name of the Co-PD		
	Year of Award		
	Amount sanctioned		
	Date of Completion, if completed		
	Date of Report submission, if submitted		
	If incomplete, likely date of completion		
	(Add/insert additional rows for more information, if required)		

7	Whether the Project Director received any financial assistance from any other institution e.g. UGC, ICAR, CSIR, ICPR, ICHR, etc. (mention last 2 awards)	Yes	No
	If yes:		
	Name of the Award/Scheme		
	Name of the Project Coordinator/Project Directors		
	Year of Award		
	Amount sanctioned		
	Date of Completion, if completed		
	If incomplete, likely date of completion		
	(Add/insert additional rows for more information, if required)		

Declaration

I hereby declare that:

1. I am not a defaulter of any previous ICSSR grant.
2. I have neither been subjected to any disciplinary action nor found guilty of any offence in my career.
3. The Research Proposal and its contents are entirely original as per the standard ethical practices and no AI generated proposal have been submitted to ICSSR.
4. I have not concealed any information in my application. If, ICSSR finds any contrary information at any stage, it may cancel the study out rightly and/or impose any penalty as it deems fit.

Place:

Date:

Signature of the Project Coordinator/
Project Director's

