

Provision of Healthy and Affordable Food Choices for All on Campus

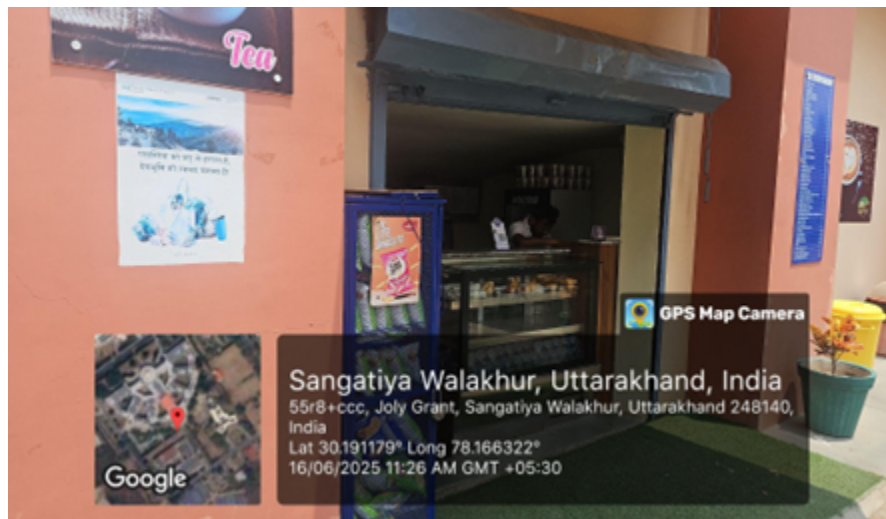
On-Campus Food Provision

Recognizing the critical role of balanced nutrition in supporting physical well-being, academic performance, and workplace productivity, SRHU has established a comprehensive campus food system that ensures healthy, affordable, and accessible food options for all students, faculty, staff, and visitors.

The University operates multiple cafeterias, canteens, and food outlets strategically located across the campus, ensuring convenient access to meals throughout the day. These food facilities offer a diverse range of nutritious meal options at subsidized and reasonable prices, catering to varied dietary preferences and needs. SRHU emphasizes the use of fresh and locally sourced ingredients, supporting regional agriculture while enhancing food quality and environmental sustainability. Several outlets also provide hygienic beverage and light-meal options, promoting healthier snacking choices across academic and residential zones.

Key food outlets on campus include:

- Main cafeterias and canteens serving balanced meals
- Nescafé outlet near Adi Kailash Auditorium
- Café near Himalayan College of Nursing
- Socomeda food outlet within the SRHU campus
- Coffee shop at School of Science and Technology (SST)
- Coffee shop at Himalayan Institute of Medical Sciences (HIMS)
- Aanchal Café within the SRHU campus







Nutrition Support Beyond Campus (Community Outreach)

Complementing its campus initiatives, SRHU actively extends nutritional support to vulnerable populations, reinforcing its commitment to SDG 2: Zero Hunger.

- **Nutritional Support for Children of Migrant Families:**

Health and nutrition camps are conducted at community-based centers such as Aakhar and Flying Birds. At Aakhar, 243 children were screened for general illnesses and signs of malnutrition, while 76 children and their parents were engaged at Flying Birds. These camps provided nutrition counselling, health screening, and basic treatment, enabling early identification of nutritional deficiencies and improving community health awareness.





- **Nutrition Education for Adolescents:**

Under the Adolescent Health Program, nutrition is a core focus area. 224 Peer Educators were trained on adolescent nutrition, menstrual health, and growth-related issues.

Through peer-led sessions, 7,022 adolescents were sensitized on balanced diets, anemia prevention, and healthy growth practices. Additionally, Adolescent-Friendly Health

Clinics offered growth monitoring, hemoglobin testing, and individualized nutrition counselling.





Through these initiatives, SRHU fosters a campus food environment that prioritizes nutrition, affordability, accessibility, and sustainability, directly contributing to improved dietary practices