



# INTERNATIONAL CONFERENCE ON SPIRITUAL NEUROSCIENCES

Jointly organized by

Department of Neurology and Himalayan Central Diagnostic and Research Laboratory (HCDRL)

Dear Sir/Madam

This is my humble request for joining us for this **International conference** on Spiritual Neuroscience in November 2024. Details of the programme are attached with invitation. Thanking you

**Welcome Note:** The Department of Neurology in collaboration with the Himalayan Central Diagnostic and Research Laboratory (HCDRL), cordially invites you to the first-ever International Conference on "Spiritual Neuroscience". This is our humble request to join us for this International conference on the novel theme of Neuroscience in November 2024. Details of the programme is attached below in this brochure. The event is scheduled at the revered Holy Land of Swami Rama.

Thanking you

Dr Deepak Goel and Team Swami  
Rama Himalayan University

## Ancient Indian Wisdom and Evidence in Current Neurosciences

**Date** : 16th & 17th November 2024

**Venue** : Swami Rama Himalayan University, and Sadhak Gram

**Chief Patron**



**Dr. Vijay Dhasmana**  
President

**Patron**



**Dr. Rajendra Dobhal**  
Vice Chancellor SRHU

**Patron**



**Dr. Vijender Chauhan**  
DG Academic SRHU

**Co-Patron**



**Dr Sunil Saini**  
Director CRI



**Dr Hem Chandra**  
Advisor & Director  
Hospital Services



**Dr Mushtaq Ahmed**  
Director Medical Services



**Dr Ashok Deorari**  
Principal, HIMS, SRHU

## Invitation:

Respected Seniors, Dear Colleagues, Friends and Students,

The Department of Neurology with the collaboration of Himalayan Central Diagnostic and Research Laboratory (HCDRL) at Swami Rama Himalayan University (SRHU), Dehradun is promoting an advance evolutionary and holistic healthcare, as envisioned by H.H. Swami Rama, the founder of the institution.

H.H. Swami Rama's experimentation combined the practical methodologies of Western science with the traditional knowledge and wisdom of Eastern sages. Our practices are committed to promoting and applying this comprehensive approach.

We are pleased to announce the upcoming International Conference on "Ancient Indian Wisdom and Evidence in Current Neurosciences" to be held on 16th & 17th November 2024 at the SRHU, Dehradun Campus and Sadhak Gram (A spiritual practice establishment of H.H. Swami Rama).

The upcoming conference will feature presentations on topics such as "EEG Correlates of Meditation," "Yoga Nidra," and "Cognitive Reserve and Meditation" by distinguished Neuroscientists from India and abroad. This is a novel attempt to incorporate the latest neuroscience knowledge with ancient Indian wisdom to enhance the understanding and application of holistic care principles.

The proposed scientific program delineates a pioneering effort to launch a new phase in Neurosciences sub-specialization. This initiative is designed to establish a paradigm for a comprehensive approach towards preventing and managing neurological disorders aiming at optimal health and well-being. Its overarching objective is to advance a genuinely humanitarian approach to healthcare.

Your esteemed presence and participation would ensure the success of this Conference.

Thanking you,



Prof. Deepak Goel  
Organizing Chairman

Professor and Head, Department of Neurology  
Himalayan Institute of Medical Sciences, Swami Rama Himalayan University, Dehradun.

### Chief Guest



Professor B N Gangadhar  
Chairman, NMC New Delhi

### Guests of Honor



Dr. (Prof.) M. Srinivas  
Director, AIIMS New Delhi



Dr. (Prof.) Meenu Singh  
Director, AIIMS Rishikesh

### Special Guests



Dr. Chinmay Pandya  
Pro Vice-Chancellor,  
Dev Sanskriti Vishwavidyalaya  
University, Haridwar



Dr. Swami Dayadhipananda  
Medical Superintendent,  
Ramakrishna Mission  
Hospital, Mumbai



Guruji Dr. H R Nagendra  
Vice-Chancellor,  
S-VYASA, Bengaluru



Dr Naveen K Visweswaraiiah  
International Professor for  
Complementary and Integrative  
Medicine

### Special Thanks

#### Guest Faculties:

Prof. B N Gangadhar (NMC Chairman, Ex-Director NIMHANS Bengaluru), Dr Dayadhipananda (RK Mission Mumbai), Prof. Manjari Tripathi (HOD Neurology, AIIMS New Delhi), Prof. KK Deepak (AIIMS New Delhi), Prof. John Clark (USA), Prof. Prakash Keshaviah (SRHU), Dr P N Ravindra (NIMHANS Bengaluru), Dr Binny Sareen (Brahmkumaris, Mount Abu), Prof. Shobit Garg (Prof. Psychiatry, SGRR Dehradun), Dr Uttam Kumar (SGPGI Lucknow), Prof. R M Kaushik (Prof. Medicine SRHU), Dr Prasanna Deshpande (HOD Pharmacy, D Y Patil Pune) and Dr Rajesh K Manik (Yogic Science, Kalinga University Chhattisgarh).



Prof. Manjari Tripathi  
HOD Neurology  
AIIMS New Delhi

**Organizing & Scientific session Committee for the International conference on Spiritual Neuroscience on 16-17 November 2024:**

Dr Deepak Goel (Organizing Chairman), Dr Ashwani Bhat (Organizing Secretary), Dr Manish Mittal (Treasurer), Dr Nikku Yadav (Cordinator), Dr Ranjeet Kumar, Dr Avinash Priyaranjan, Dr Brijesh Tiwari, Dr Sanjeev Pandey, Dr Robin Victor, Dr Kaushik Sharma, Dr Kanchan Bisht, Dr Malini Srivastav, Dr Ruchi Juyal, Dr Deep shikha, Dr Deepika Khanduja, Dr Priya Singh, Dr Avni, Dr Shweta Samanth and Mr Manoj Singh.

**List for Volunteers (MBBS Students/Interns):** Dr Rohan Garg, Dr Smriti Sharma, Dr Shreya, Dr Harshita Aswal, Dr Arjun Kumar

## Spiritual Neuroscience Conference

Details of Scientific Program				
<b>Day 1: 16/11/2024, Saturday</b> <b>8.00 AM to 9.00 AM: Registration and welcome at Dhanvantari Auditorium</b>				
<b>Morning Session: Spiritual Practices and Current Neuroscience 9.00 AM – 11.00 AM</b> <b>Moderator:</b> <b>Dr Naveen K Visweswaraiah (International Professor for Complementary and Integrative Medicine)</b> <b>Time allotted (20 minutes talk + 10 minutes discussion)</b>				
S. no	Time	Topic	Speaker	Chairpersons
1	09.00 AM – 9.30 AM	Neural Anatomy and Physiology of Human Chakra	<b>Dr Rajesh Manik</b> Kalinga University, Naya Raipur	<b>Dr Renu Dhasmana</b> (Director Nursing and Vice Principal) <b>Dr Mahesh Kuriyal</b> Neurosurgery, CMI Dehradun <b>Dr Deepa Singh</b> SRHU, Dehradun <b>Dr Abha Shrivastav</b> SRHU, Dehradun
2	9.30 AM – 10.00 AM	Neurobiology of Stress: The PNIE Axis	<b>Dr Shobit Garg</b> SGRR University, Dehradun	
3	10.00 AM -10.30 AM	Levels of Consciousness: Spiritual and Neuroscience concept	<b>Dr Swami Dayadhipananda</b> Ramakrishna Mission Hospital, Mumbai	
4	10.30 AM – 11.00 AM	QEEG: Role in Spiritual Practices	<b>Dr John Clark</b> USA	
<b>High tea: 11.00 AM to 11.30 AM</b>				
<b>11.30 AM to 12.20 PM - Lamp lightining and Guru Vandana with Inauguration Ceremony</b>				
<b>Plenary Lectures 12.20.PM to 1.30 PM</b>				
S. no	Time	Topic	Speaker	Chairpersons
1	12.20 PM to 12.25 PM	<b>Introduction of Dr Prakash Keshaviah by Dr VD Chauhan, DG Academics, SRHU</b>		<b>Dr VD Chauhan,</b> DG Academics, SRHU <b>Dr Ashok Deorari,</b> Principal HIMS, SRHU <b>Dr Hem Chandra,</b> Director Medical Services, Himalayan Hospital <b>Dr Dayadhipanada</b> Ramakrishna Mission Hospital, Mumbai <b>Dr A K Singh</b> MAX Hospital, Dehradun
1	12.25 PM– 12.55 PM	<b>Plenary lecture 1: Swami Rama Messages: Wilful control of Autonomic Nervous System</b>	<b>Dr Prakash Keshaviah</b> SRHU, Dehradun	
2	12.55 PM – 1.00 PM	<b>Introduction of Chief Guest by Dr Swami Dayadhipananda Ji</b>		
3	1.00 PM – 1.30 PM	<b>Plenary Lecture 2</b>	<b>Prof. B N Gangadhar</b> Chairperson National Medical Commission (NMC)	
<b>1.30 PM to 2.30 PM: Lunch</b>				
<b>Post Lunch Session: Neural Networks and Evaluation technique for Spiritual Practices 2.30 PM</b> <b>(20 minutes talk + 10 minutes discussion)</b> <b>Moderator:</b> <b>Dr SL Jethani (Prof. Anatomy and Ex Dean/Chief Med. Sup.)</b>				
S. no	Time	Topic	Speaker	Chairpersons
1	2.30 PM – 3.00 PM	Neural Networks Involved in Meditation	<b>Dr Ashwani Bhat</b> SRHU, Dehradun	<b>Dr Subodh Saurabh Singh</b> (Assistant Professor Yoga Sciences) <b>Dr Sanjay Gupta</b> (Principal Biosciences) <b>Dr Yogesh Saxena</b> (Professor Physiology) <b>Dr Pankaj Arora,</b> (Prof. Neurosurgery, S.G.R.R. University)
2	3.00 PM – 3.30 PM	Ageing and Sleep: Impact of Meditation	<b>Dr Ravindra P.N.</b> NIMHANS, Bangalore	
3	3.30 PM – 4.00 PM	Cognitive Reserve and Meditation	<b>Dr Binny Sareen</b> Peace Ambassador, Mount Abu	
4	4.00 PM – 4.30 AM	Role of Integrated medicine in current medical practice	<b>Dr Naveen K.V.</b> University of Sydney	

4.30 PM: Disperse after Tea/Coffee				
7.00 PM Onwards: Dinner				
Day 2- Sunday, 17 <sup>th</sup> November 2024: Morning Session at Sadhak Gram Ashram, Rishikesh				
8.45 AM: Departure for Rishikesh Ashram (45 minutes journey)				
9.30 AM to 10.00 AM Meditation session for all participants by Swami Ritavan ji				
10.00 AM to 10.30 AM High Tea				
10.30 AM– 12.30 PM: Session 3: Occult sciences				
SN	Time	Topic	Speaker	<u>Expert panel:</u>
1	10.30 AM - 11.00 AM	Yoga Nidra: Current Understanding	<b>Prof. Manjari Tripathi</b> AllIMS New Delhi	<b>Dr Yashpal Singh</b> Neurology SGRR University <b>Dr Ranjit Kumar</b> SRHU, Dehradun <b>Dr Avinash P. Ranjan</b> SRHU, Dehradun <b>Dr Malini Srivastava</b> SRHU, Dehradun
2	<b>11.00 AM – 11.30 AM</b>	Perspectives on Hypnosis in Current Medical Practice	<b>Prof. RM Kaushik</b> SRHU, Dehradun	
3	<b>11.30 AM -12.00 PM</b>	Plant Based Diet and Health	<b>Prof. P Sarat Chandra</b> AllIMS, New Delhi	<b>Dr Vijay Dhasmana</b> President SRHU, Dehradun
4	<b>12.00 PM – 12.30 PM</b>	Current Scope of Medical Astrology (interactive session)	<b>Dr Prasanna Deshpande</b> Dr D.Y. Patil Institute of. Pharmaceutical Sciences and Research,Pune	<b>Dr R Mamgain</b> Dehradun <b>Dr Deepak Goel</b> SRHU, Dehradun
12.30 PM: Lunch at Ashram and Departure.				

## Abstract Submission Guidelines for Poster Presentation

Poster Session will be conducted on the themes “Ancient Indian Wisdom & Neurosciences”, “Yoga”, “Cognitive & Behavioral Neurosciences”. Candidates and scholars interested in presenting their work on the above themes or any Neurosciences-related theme can submit their abstract to [hod.neurology@srhu.edu.in](mailto:hod.neurology@srhu.edu.in)/[dr.ashwanibhat@gmail.com](mailto:dr.ashwanibhat@gmail.com).

Poster presentation will be in the form of physical poster and not as e-poster. Poster will be displayed during the conference hours on the first day of the conference (16<sup>th</sup> Aug. 2024) and the presentation session will be conducted on the same day between 1:00 PM to 2:00 PM (Lunch Hours). The presenters have to register in conference at the time of submission. Registration fee for the scholars is mentioned in brochure. For free registration of students in university, we will require letter of recommendation from H.O.D. / Head of Institution.

Email for submission of abstract of poster presentation: [hod.neurology@srhu.edu.in](mailto:hod.neurology@srhu.edu.in), [goeld007in@yahoo.co.in](mailto:goeld007in@yahoo.co.in) and [dr.ashwanibhat@gmail.com](mailto:dr.ashwanibhat@gmail.com)

**Link for online registration:** <https://srhu.edu.in/spiritual-neurosciences-2024>

### **Payment rate list for registration:**

1. Guest and Speakers = Complimentary
2. Delegates:
  - a. Faculty = 2000 INR
  - b. PhD Scholar = 1000 INR
  - c. Students = 500 INR
  - d. Spot registration = 2000 INR



### **Account details:**

- a. Bank: ICICI
- b. Account Holder: Himalayan Institute of Medical Sciences Conference Account
- c. Account Number: 733901000483
- d. IFSC Code: ICIC0007339